

# Let's Find Your Pathway of Possibilities

MDC works in partnership with individuals affected by neuromuscular disorders and their families to navigate and access resources at every stage of life, regardless of type of NMD, age, stage, or location in Canada.

## ACHIEVE YOUR PERSONAL GOALS WITH OUR SERVICES.

### WE CAN SUPPORT YOU WITH:



Obtaining an accurate **diagnosis**



**Managing and adapting** to your diagnosis



Exploring and participating in **clinical trials**



**Finding specialists** and multidisciplinary healthcare supports



Gaining **trustworthy evidence-based information** to enable informed decisions through MDC's expertise and networks



Researching and accessing **treatment and rehabilitation options**



Accessing **financial resources**



Obtaining **appropriate assistive devices and equipment** for safety, inclusion and full participation



Accessing **community supports** for housing, job opportunities, education, and volunteering – including application assistance and navigating wait times



Building **advocacy skills** to influence decisions at the local, provincial, and national levels



**Connecting with peers** for mutual support and shared experiences



**Adapting to ongoing changes** due to the progressive nature of neuromuscular disorders or the aging process

### OUR IMPACT:



Enhanced **healthcare outcomes** and experiences (↓ time to diagnosis and treatment, ↓ admissions to hospitals, ↓ serious complications)



Enhanced knowledge for **informed decision-making**



Enhanced access to **options and solutions**



Enhanced **safety** and independence



Enhanced **quality of life**

If you or someone you care for has questions or would like to access any of the individualized, adaptable and person-centred services offered, please contact **1 800 567-2873** or **research@muscle.ca**