

Dear valued volunteer,

It's National Volunteer Week in Canada and we're celebrating you and the impact you're having on the neuromuscular disorder (NMD) community. On behalf of the Muscular Dystrophy Canada (MDC) Board of Directors and our entire staff team, we would like to thank you for your ongoing courage, passion, caring and time. You are an important and valued member of the MDC team. You greatly impact our ability to support persons with neuromuscular disorders and their families!

The theme for National Volunteer Week 2021 is **'The Value of One, The Power of Many'** and we couldn't agree more. Magic happens when we work together towards a common purpose. The power of working together can bring about monumental changes and amplify our impact; it beautifully reflects the individual and collective efforts our volunteers have demonstrated during the pandemic. Although the past year has been challenging for us all, you have maintained your commitment to MDC and we are grateful.

It is because of your efforts that we have been able to continue supporting clients through our Let's Talk NMD webinar series, the virtual Neuromuscular Conference, our Research Hotline and monthly connection meetings. You've helped us to continue to provide funding for assistive devices; support our clients to access resources at the right time to meet their individual needs; provide critical supports to assist our clients with coping and adjusting in extremely challenging times; and, extend our efforts to enhance awareness and provide information to our clients and their families so that they can make informed decisions to live their best lives.

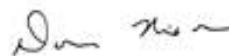
You've also influenced positive change at a federal, provincial and local level including COVID-19 triage protocols, COVID-19 vaccinations and virtual assessments for assistive devices. You play a key role enabling our efforts as we continue to work tirelessly so that clients have access to treatments and therapies, and ensuring critical research continues to be funded. In addition to supporting our mission deliverables, you have participated in our virtual fundraising efforts. Together, we truly have made a difference.

We continue to be optimistic and we are looking forward to getting back to business as usual! For now, we will continue to find creative ways to work with you in a way that is safe and meaningful. We are truly grateful for your support. Thank you for being a valued and integral part of our team.

Regards,



Stacey Lintern
CEO



Donna Nixon
Chair, Board of Directors