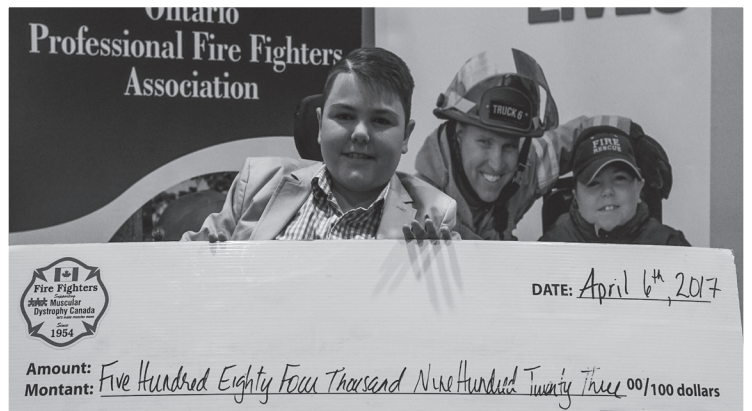




ANNUAL REPORT

2016.17

 Muscular
Dystrophy Canada



Muscular Dystrophy Canada is a national, non-profit organization of dedicated volunteers and staff who continually work to provide support and resources to clients, who are impacted by 1 of over 150 neuromuscular disorders. Through well-funded research, we are on a mission striving to find a cure as soon as possible.

VISION

To find a cure for neuromuscular disorders in our lifetime.

MISSION

Muscular Dystrophy Canada's mission is to enhance the lives of those affected with neuromuscular disorders by continually working to provide ongoing support and resources while relentlessly searching for a cure through well funded research.

VALUES

DETERMINATION

We are resolute. No matter what the obstacle, we will not be deterred.

COURAGE

We bravely move forward even when we are afraid or unsure where the road will lead.

PASSION

Our enthusiasm and our appetite to learn, grow and make a difference is insatiable.

CARING

We have genuine human concern for others that is never contrived and without a hint of pity or sympathy.

THANK YOU

2016.17 marked a significant turning point and the next chapter in our Muscular Dystrophy Canada story. A story that will position us to be stronger, bolder, braver and more impactful. Not unlike those we serve!

Early in the year, we welcomed a new CEO into our family. With her arrival we began to build a path for the future. We started the process by consulting with clients and families, clinicians and healthcare providers, donors, volunteers, partners and staff. We asked – What should we do? What could we do if we had more money for mission? We now have a new three year blueprint that answers those questions.

It is an ambitious plan that will require that we all think, work,

communicate and celebrate in new and exciting ways. It calls on all of us to push a little further, reach a little higher, dream a bit bigger – as it is entitled – “Pushing Beyond Possible”.

We had a year of many blessings and successes. For the first time in history, new treatments are coming to market and we will be there every step of the way advocating for our clients and ensuring that these treatments are safe, accessible and affordable.

We registered new clients, ensuring that they had the support, information and equipment they needed to live life on their own terms.

To make this possible, you walked, biked, filled boots,

pulled trucks, sat on rooftops, sold ornaments and raffle tickets, attended events and wrote cheques – all to ensure this work can continue. For that we are truly and deeply grateful.

We also had many tearful goodbyes this year as we lost clients who filled your lives, and ours, with joy. Our hearts are heavy but our journey continues against this disease and as a tribute to their strength and courage.

In the pages that follow, we celebrate all that you have accomplished and the impact that you had made on Canadian families. We hope you take great pride in what you have helped us accomplish... We certainly do.

As we look to 2017.18, we do so with a renewed spirit of optimism and energy. We know the year will be filled with many unexpected and delightful adventures coupled with bumps in the road. As long as we stay focused on our mission, purpose and values - together, we will continue to do remarkable things.



Barbara Stead-Coyle, CEO



Buzz Green, Chair

Two handwritten signatures in black ink. The first signature is on the left and the second is on the right.

Muscular Dystrophy Canada supports people affected by muscular dystrophy and related muscle diseases. Together, these conditions are referred to as “neuromuscular disorders”.

Neuromuscular disorders are a group of diseases that weaken the body’s muscles. The causes, symptoms, age of onset, severity and progression vary depending on the exact diagnosis and the individual.

Anyone can be affected. Contrary to popular belief, muscular dystrophy is not exclusively a childhood disorder.

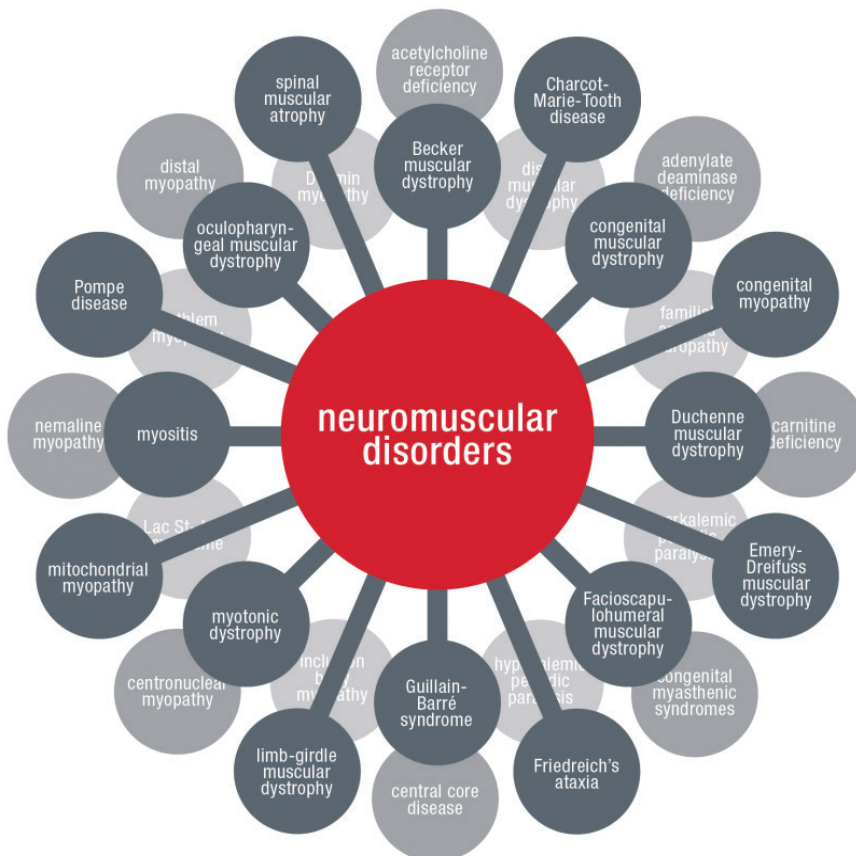
While some types of muscular dystrophy are first evident in infancy or early childhood, other types may not appear until later in life.

Most neuromuscular disorders are caused by genetic mutations. These mutations can be passed from generation to generation, through a parent’s DNA, or they can occur in a single individual due to a spontaneous mutation.

The severity and progression will vary depending on the exact diagnosis and the individual. Most neuromuscular disorders are progressive, causing the

muscles to gradually weaken over time. People diagnosed with a neuromuscular disorder may lose the ability to do things that are often taken for granted, like brushing their teeth, feeding themselves, or climbing stairs. Some people will lose the ability to walk or even breathe on their own. There is no cure. Medical interventions have increased the life span and improved the quality of life for many people living with neuromuscular disorders. These interventions focus on treating or delaying symptoms, enhancing physical mobility and social interactions, and preventing heart and lung complications.

Muscular Dystrophy Canada supports people affected by over 150 different types of neuromuscular disorders



Over time, persons affected by neuromuscular disorders may lose the ability to walk, speak, and ultimately breathe. For some individuals, the disorder is fatal. **There is currently no cure.**

YOUR DOLLARS AT WORK

How are we spending your money?

Assistive Devices

43%

Research

23%

Information

12%

Education

10%

Supportive
Programs &
Services

6%

Advocacy

6%



Contribution to **68 partnerships and collaborations** on influencing positive change.



Thousands of Fire Fighters from **625** active Fire Departments making an impact in 10 provinces across the country.



28 presentations about neuromuscular disorders and disabilities reaching more than **1,216** participants.

“ WE FEEL WE NEED TO FIGHT FOR EVERYTHING, IT IS GOOD TO KNOW THAT YOU (MDC) IS HERE WORKING WITH US. ”

- MOTHER OF SON AFFECTED BY DUCHENNE MUSCLUAR DYSTROPHY (DMD)

“ THEY MAKE ME FEEL LIKE I'M NOT ALONE. I'M GLAD YOU ARE AROUND. I AM COMFORTED TO KNOW, AS MY CHILD'S CIRCUMSTANCES CHANGE, I WILL BE ABLE TO REACH OUT TO MUSCULAR DYSTROPHY CANADA FOR ADDITIONAL SERVICES. ”

- MOTHER OF CHILD AFFECTED



Direct investment of **\$1,345,565** helped **657** Canadians to purchase **873** medically-prescribed assistive devices with a retail value of **\$4,725,437**



Respiratory care "Seed Grant" program awarded **\$149,692** to **3** new respiratory research projects.



In collaboration with McGill University and the Canadian Institute for Health Research (CIHR), Muscular Dystrophy Canada has committed to providing **\$300,000** to the E-RARE research program.

FUELING RESEARCH

Now more than ever is the time to invest in research for treatments and cures. Through your support, you can accelerate the timeframe for diagnosis, and bring more promising clinical trials and drugs to families faster. Whether through targeted research into specific disorders, or investments in key research areas like cardiac care and stem cells, together we can turn hope into answers.

We are pleased to provide you with some highlights from this past year.

REALS; Testing the safety of repurposed Enoxacin for the treatment of Amyotrophic Lateral Sclerosis

E-RARE – A Partnership with the Canadian Institute of Health Research (CIHR). Muscular Dystrophy Canada is pleased to participate (along with CIHR's Institute of Genetics) in the E-RARE research program on rare disease. Led by ERA-NET (which works to increase cooperation and coordination among researchers and institutions in different countries), E-RARE is dedicated to linking research funding organizations to extend and strengthen transnational cooperation on research into rare diseases.



The **Canadian Neuromuscular Disease Network (CAN-NMD)** is a national network of over 170 researchers, clinicians, and educators working to improve the state of neuromuscular disease in Canada. Funded in 2014 by Canadian Institutes of Health Research (CIHR-IMHA) and Muscular Dystrophy Canada (MDC), CAN-NMD has developed a number of collaborative initiatives designed to expand the scope and scale of the efforts in neuromuscular disease across the country.

We'd like to extend our thanks and gratitude to our Medical and Scientific Advisory Committee (MSAC) for their continued support and guidance.

Chair - Dr. Ken Hastings

Members - Debra Chiabai, Dr. Craig Campbell, Jonathan Mesiano-Crookston, Dr. Cynthia Gagnon, Dr. Phil Gardiner, Dr. Lawrence Korngut, Dr. Hugh McMillan, Dr. Daniel McNamara, Dr. Robin Parks, Dr. Toshifumi Yokota, Dr. Ronni Cohn, Buzz Green (Ex-Officio)



Dr. Michael Rudnicki, Recipient of the Dr. George Karpati Research Award

“ THE SUPPORT FROM MUSCULAR DYSTROPHY CANADA HAS BEEN ESSENTIAL FOR US TO MOVE OUR WORK FROM THE LAB TOWARDS CLINICAL APPLICATION. I FIRMLY BELIEVE THAT WE HAVE REACHED THE TIPPING POINT WHERE NEW TREATMENTS FOR TREATING THESE DEVASTATING DISEASES ARE NOW WITHIN SIGHT. ”

In order for Muscular Dystrophy Canada to fulfil its vision of finding a cure for neuromuscular disorders, we need to develop a network of the most forward thinking and tireless researchers and clinicians. In Dr. Michael Rudnicki, we have found both.

As a senior scientist and Director of the Regenerative Medicine Program and the Sprott Center for Stem Cell Research at the Ottawa Hospital Research Institute, Dr. Rudnicki is on the cutting edge of research impacting people affected by neuromuscular disorders. His research led to a discovery that has redefined how we think about Duchenne muscular dystrophy.

Historically, it was believed that the causes of DMD were associated with problems in the muscle fibres of the patient, but this was disproven when Dr. Rudnicki demonstrated that DMD is directly affected by muscle stem cells. This discovery has altered our understanding of the disease and could be the path toward far more effective treatments.

When asked for a comment, Dr. Rudnicki said “The support from Muscular Dystrophy Canada has been essential for us to move our work from the lab towards clinical application. I firmly believe that we have reached the tipping point where new treatments for treating these devastating disease are now within sight.”

It is for these enormous contributions to the advancement of a cure for neuromuscular disorders that Dr. Rudnicki is awarded the Dr. George Karpati Award for Researcher of the Year.

The award is in recognition of a neuromuscular researcher who has made a significant contribution to neuromuscular research, the advancement of care of people with neuromuscular disorders, or to Muscular Dystrophy Canada in the areas of public awareness, service and/or fundraising. We congratulate Dr. Rudnicki on his incredible accomplishments and look forward to the next stages of his research.

SEEDING INNOVATION

Neuromuscular disorders cause progressive muscle weakness, which can affect the muscles used in breathing and coughing. Weak respiratory muscles can increase the risk of respiratory failure, a common cause of death in people with neuromuscular disorders. That is why Muscular Dystrophy Canada has made it a priority to raise awareness about respiratory care in order to give people affected by neuromuscular disorders the information, services and supports that they need.

While there are preventative measures and interventions that can help people with

neuromuscular disorders maintain their respiratory health, there also is a need for greater investment in research that enhances the scientific evidence used to inform respiratory care decisions.

To address this need, Muscular Dystrophy Canada launched its Respiratory Care Grants.

In 2016.17, we were pleased to support the following research grants:



Amy McPherson, PhD
Bloorview Research Institute,
Holland Bloorview Kids
Rehabilitation Hospital
Toronto, Ontario

Research Topic: Promoting healthy weights to support respiratory function in children with Duchenne muscular dystrophy

Start date: November 1, 2016
End date: October 31, 2017

Amount: **\$49,696**



Louise Rose, PhD
Sunnybrook Research Institute
Toronto, Ontario

Research Topic: Development & Pilot Evaluation of an Online Peer Support Program for Family Caregivers of Ventilator-Assisted Individuals with Neuromuscular Disease Living in the Community

Start date: November 1, 2016
End date: October 31, 2017

Amount: **\$49,998**



Sherri Katz, Pediatric Respirologist
Children's Hospital of Eastern Ontario
Ottawa, Ontario

Research Topic: Understanding the Acceptability of Lung Volume Recruitment Among Boys with Duchenne muscular dystrophy: A Mixed-Methods Sub-study of the STEAD-FAST Trial

Start date: November 1, 2016
End date: October 31, 2017

Amount: **\$49,998**

SickKids®

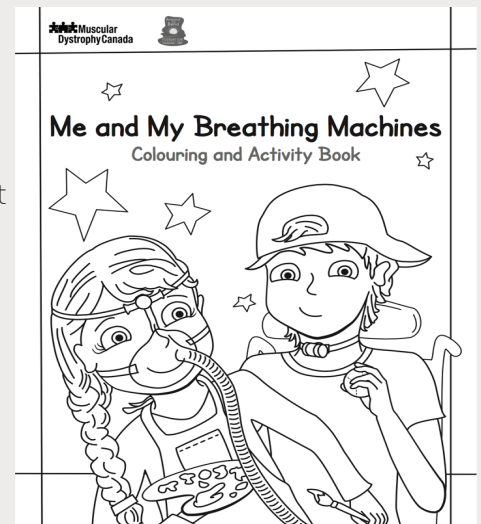
Recipient of the Excellence in Service Delivery Award

With a generous donation from the Around the Bend Foundation, Muscular Dystrophy Canada in partnership with Sick Kids Hospital developed the “Me and My Breathing Machines, Colouring and Activity” books. These colouring books provide a creative, inclusive and interactive tool that will assist in alleviating fears, enhancing self-esteem and awareness, promoting inclusion, and decreasing negative stigmas for children and their families who use respiratory equipment.

Through the partnership, we were able to build awareness and education campaigns through the colouring book, as well as hold joint presentations at the annual Canadian Society of Respiratory Therapists (CSRT) Conference. We would like to thank Dr. Reshma Amin and Faiza Syed for their contributions to this project. We look forward to continuing to make top quality service a priority alongside Sick Kids Hospital.

Muscular Dystrophy Canada is grateful to have Sick Kids Hospital, Toronto as a partner in improving the quality of service we deliver to our clients. Sick Kids Hospital has been an important partner in navigating complex healthcare systems to provide respiratory care and services to children living with a neuromuscular disorder.

With a generous



Delivering Care

Dr. Janice Richman-Eisenstat
Recipient of the Outstanding Healthcare Provider Award

Our special relationship with Dr. Janice Richman-Eisenstat is one of the ways we are able to realize our mission. Dr. Janice, or Dr. J as her patients know her, is a Neuropulmonary Rehabilitation Medicine Specialist and Respirologist in Edmonton, Alberta. Dr. J and her colleagues were the first to found a multi-disciplinary neuromuscular clinic for adults in North America.

She provides consultation services to the multidisciplinary teams of the ALS Clinic, Spina Bifida Clinic, Interstitial Lung Disease Clinic, the Norwood Chronic Ventilator Unit and to patients in their homes through the Edmonton Zone Home Living Program.

Dr. Janice has exhibited a tireless work ethic in advocating and supporting patients with respiratory issues, often going the extra mile to meet patients in their homes. She has also been a strong ally for Muscular Dystrophy Canada, presenting at various conferences and educational seminars, as well as establishing a pilot respiratory project alongside Muscular Dystrophy Canada for Edmonton-based clients. For these reasons, among many others, Dr. Janice Richman-Eisenstat is this year's recipient of the Outstanding Healthcare Provider Award. We congratulate her on her work and look forward to many future collaborations.

OUR PROGRAMS AND SERVICES

Navigating The System and Filling the Needs

- **Influencing positive change through increased access to treatment and medications**
- **Communicating and disseminating important knowledge for our clients**
- **Providing guidance for navigating complex healthcare systems**
- **Hosting retreats for families and caregivers**
- **Increasing awareness through advocacy**
- **Delivering the equipment program**

Muscular Dystrophy Canada strives to fill critical gaps and provide necessary supports for our clients and families.

System Navigation helps our clients and their families navigate the complexities of the healthcare system with the full support of our community behind them. Last year we helped more than 3,600 clients.

We are excited to expand our mission and become a more vocal representative of the neuromuscular community through targeted programs and advocacy in the coming year.



IT IS WONDERFUL TO HEAR “SURE I CAN HELP YOU WITH THAT AND LET ME GET YOU CONNECTED”. I KNOW WHEN I CALL MUSCULAR DYSTROPHY CANADA; I WILL BE CONNECTED TO THE RIGHT RESOURCE. NOT A REFERRAL BUT GUIDED SUPPORT IN ACCESSING THE RIGHT RESOURCE. THEY ARE TRULY THE CONTENT EXPERTS. IT IS EXTREMELY HELPFUL TO BE ABLE TO ACCESS ONE ORGANIZATION THAT HAS A HOLISTIC APPROACH. MY PATIENTS HAVE COMPLEX NEEDS; IT IS WONDERFUL TO WORK WITH MUSCULAR DYSTROPHY CANADA TOGETHER TO ESTABLISH SUSTAINABLE CREATIVE SOLUTIONS FOR THE PEOPLE WE SUPPORT.



- A MUSCULAR DYSTROPHY CANADA PARTNER

Based on the success of Ontario's System Navigation pilot program, Muscular Dystrophy Canada is rolling it out nationwide.

How does it work?

System Navigation for People Affected by Neuromuscular Disorders



It is important to note that a client will only need to register one time. Once the client is registered, the client can make contact with MDC at any time to access programs and services.



Alex Peeler with Prime Minister Justin Trudeau

Alex Peeler

Recipient of the Leadership in Advocacy Award

“ MUSCULAR DYSTROPHY CANADA HAS DONE A LOT FOR MY FAMILY AND I EVER SINCE I WAS FIRST DIAGNOSED. WE DEFINITELY CONSIDER THE PEOPLE OF THIS ORGANIZATION TO BE A PART OF OUR EXTENDED FAMILY. I CAN REMEMBER BEING ACTIVELY INVOLVED WITH MUSCULAR DYSTROPHY CANADA EVEN FROM A YOUNG AGE, WHETHER THROUGH FUNDRAISING OR ADVOCACY, AND I HAVE NO DOUBT THAT IT HAS SHAPED ME INTO THE PERSON I AM TODAY.

”

It is Muscular Dystrophy Canada's mission to enhance the lives of those affected by neuromuscular disorders, yet it is often the case that the reverse is also true. People with neuromuscular disorders are constantly contributing to and enhancing everything we do at Muscular Dystrophy Canada. The tireless work of our clients to advocate and organize for better care, treatment, and representation is a constant reminder of what is at stake in the search for a cure. We are constantly humbled by the remarkable people we get to serve, as they force us to push harder and have a greater impact in our clients' lives.

One such person is Alex Peeler. Alex is a constant reminder of what one person is capable of when they put their mind to it. Thankfully for us, Alex has put his mind to advocating and advancing the causes of people affected by neuromuscular diseases.

Alex was at the forefront of lobbying the Government of Canada when he submitted

a petition he started which called on the Government to implement a National Disability Assistive Program for Canadians with chronic disabilities. Alex secured the support of his local MP to launch the petition. He is seeking a commitment from the Government to fund life-sustaining medical equipment and providing access to the necessary services to lead fully empowered lives.

When Alex isn't being a full-time advocate for people affected by neuromuscular diseases, Alex also worked with Muscular Dystrophy Canada to develop and facilitate Youth Leadership workshops that were delivered at Family Retreats. In his spare time, Alex has also founded his own media productions company called Squeaky Wheel Productions. He is currently working on an ongoing series of video blogs aimed at youth, educating them on issues facing people living with disabilities.



Danielle Campo McLeod
Recipient of the Dr. Katie Manders
Courage to Inspire Award

“ SO MANY KIDS DON'T HAVE ENOUGH ENCOURAGEMENT, ENOUGH MOTIVATION. THEY NEED RESPECT AND SUPPORT AND STIMULATION TO TRY SOMETHING DIFFERENT, TO BELIEVE THAT THEY CAN CHANGE AND THAT THEY CAN HAVE MUCH FULLER LIVES.

”

Muscular Dystrophy Canada is extremely fortunate to have Danielle Campo McLeod as one of our Ambassadors. Her hard work and dedication has meant that she has surpassed every goal she has ever set for herself. She has even surpassed the medical expectations of a person living with a rare form of muscular dystrophy, congenital fibre type disproportion.

In addition to being one of our leading Ambassadors, Danielle is also an elite athlete. Danielle competed in the 2000 Sydney Paralympic Games and again in 2004 in Athens, earning three gold medals, two silvers, and two bronze medals in swimming. Not only did she bring home gold from the Sydney games, but she was also awarded Ontario's Junior Citizen of the Year at the young age of only fifteen years old. But Danielle wasn't satisfied with smashing expectations in the athletic world, she needed to smash medical expectations as well.

Just recently Danielle achieved her ultimate dream of becoming a mother, something that she was told would likely be impossible.

Now, Danielle is taking her life lessons to the Children's Aid Society in Windsor, Ontario where she spends her time inspiring youth to overcome the obstacles they face in their day to day lives. Danielle is a fierce advocate, saying that “So many kids don't have enough encouragement, enough motivation. They need respect and support and stimulation to try something different, to believe that they can change and that they can have much fuller lives”. Danielle is living proof of what is possible to accomplish when people are given the support to believe in themselves.



Al Libfeld
Outstanding Philanthropist Award

ever before. When asked about his commitment to philanthropy, Mr. Libfeld said “We like to give back to the community that’s been good to us.”

We congratulate, and thank, him for his work through the presentation of the Outstanding Philanthropist Award.

We are lucky to count Al Libfeld as one of our most distinguished and philanthropic supporters. Since his establishment of the Rachel Fund in 2005, Mr. Libfeld has contributed over \$1 Million dollars to funding top quality research to find cures for myotonic dystrophy.

Having started his company, Tribute Communities, 35 years ago, Mr. Libfeld has built over 30,000 homes in the Greater Toronto Area. Mr. Libfeld attributes his business success to his belief in the power of teamwork. Mr. Libfeld is a highly-respected philanthropist who has given back through countless volunteer hours and extremely generous donations.

The Rachel Fund continues to fund some of the most cutting edge myotonic dystrophy research in the country, and thanks to Mr. Libfeld, we are closer to a cure today than

Libfeld, we are closer to a cure today than philanthropy, Mr. Libfeld said “We like to give

The Rachel Fund

Established through the generosity of Tribute Communities, the Rachel Fund supports research into myotonic dystrophy, the most common form of adult-onset muscular dystrophy. Since its creation in 2005, the Rachel Fund has provided more than \$1 Million dollars towards research into the genetic, cellular and biochemical processes of myotonic dystrophy, as well as therapies for its treatment.

FIRE FIGHTERS HAVE OUR BACK

As an organization, Muscular Dystrophy Canada is extremely fortunate to have an unparalleled relationship with Canadian Fire Fighters. Fire Fighters have rallied to the cause of Muscular Dystrophy Canada since 1954, delivering an impact that has been felt for decades. This enduring relationship continues to deliver today.

Muscular Dystrophy Canada would like to thank the members of the National Fire Fighters Relations Committee (NFFRC) for their tireless commitment and hard work in strengthening the bond and improving the collaboration between Muscular Dystrophy Canada and Canadian Fire Fighters.

Kerry Zado (Chair), Buzz Green (Ex-Officio), Ryan C. Edgar (Member), Kenny Arsenault (Member), Dan Hamel (Member), Rob Labossiere (Past Chair), Roderick MacDonald (Member), Mike Nicholson (Member), Bob Patton (Member), Bruce Porter (Member), Tony Rose (Member), Jeremy Dixon (Non-Voting Member), Dave Ferguson (Non-Voting Member), Mike Kaye (Non-Voting Member), and Kelly Zacharias (Non-Voting Member).



The Toronto Professional Fire Fighters Association (Toronto Fire Services) were recognized for reaching a significant goal recently, the Million Dollar Milestone. As the first Fire Department to fundraise for Muscular Dystrophy Canada, Canada's largest Fire Department has gone above and beyond with numerous

events, including the recent addition of Fill the Boot with Recruits, requiring each recruit class to host their own Fill the Boot event prior to graduation.

Toronto Professional Fire Fighters Association
Recipients of the Dr. David Green Impact Award



Each year, thousands of Fire Fighters rally to our cause and help Fill the Boot from coast to coast, through boot drives, rooftop campouts, stair climbs, fire truck pulls, ladders sits, and other creative ways to fill the boot! In 2016-2017, Fire Fighters raised a total of **\$3,202,299** for Muscular Dystrophy Canada, an absolutely phenomenal amount! A network of 625 active Fire Departments held 729 independent events across the country.



Mario Martin
Recipient of the Fire Fighter of the Year Award

The support of Fire Fighters over the decades has meant we can push further towards a cure every year. Fire Fighters take it upon themselves to organize events and raise funds, one such event is the Défi Gratte-Ciel Montréal (Scott Montreal High Rise Challenge).

Started in 1997 by Denis Harel, a Montreal Fire Fighter who had climbed to the top of 30 downtown buildings, the event has grown into our largest single-day fundraiser. The torch was passed in 1996 to Yan Lefebvre, a Fire Fighter from Pointe-Claire, whose performance made it to the Guinness World Records. This competitive spirit has never left the event.

Today, Mario Martin is the lead organizer of the event and has become its greatest champion. He began his involvement with the event in 2002 and each year since he has been essential in expanding the event and recruiting new participants, helping us reach more than 600 emergency workers and members of the public in 2016.

We are proud to get to work alongside Mario and look forward to continuing to see the Scott Montreal High Rise Challenge grow under his leadership.



Burnaby Fire Fighter Department
Recipients of the Fire Department of the Year Award

The Burnaby Fire Department, Local 323, joined the Muscular Dystrophy Canada family one year after Toronto in 1955. Since they began fundraising for Muscular Dystrophy Canada, their yearly fundraising totals have increased from \$800 in 1955 to \$48,000 this past year. With numerous events and a deep support and involvement in the community, the Burnaby

Fire Department has been a tireless champion for Muscular Dystrophy Canada. In recognition of this outstanding work and dedication, the Burnaby Fire Department has been awarded the Fire Department of the Year Award.

OUR COMMUNITY



Françoise Béland Recipient of the Mary Ann Wickham Award for Volunteer of the Year

The success of implementing our programs and services often falls to the tireless work of our volunteers, who constantly go above and beyond the call of duty. Whether they are connecting our community members or taking time out of their busy schedules to support our events, volunteers are essential to the success of fundraising and impact of services.

This year, we are recognizing one of our most dedicated and active volunteers, Françoise Béland. Françoise rarely takes the spotlight but is dedicated to facilitating and organizing the behind the scenes efforts as the Chapter Treasurer. She has been instrumental to the success of the Ottawa Chapter.

Françoise has been volunteering with Muscular Dystrophy Canada for more than 20 years. She first came to the organization when her husband was diagnosed with a neuromuscular disorder. For Françoise, this meant it was time to act. She decided to use some of her vacation time to take a week off work to set up a stand in her building's lobby to sell Christmas ornaments, donating all of the proceeds to Muscular Dystrophy Canada.

Françoise has been recognized for her work for many years, including a 2012 Queen Elizabeth II Diamond Jubilee medal recognizing her service to Muscular Dystrophy Canada. This year, Françoise was awarded the Volunteer Years of Service Award from the Ministry of Immigration and Citizenship/Ontario.

We thank her for her years of dedicated service to Muscular Dystrophy Canada.



Halifax Chapter Recipients of the Distinction in Leadership Chapter Award

Our volunteers are a driving force, continuously pushing Muscular Dystrophy Canada to expand and improve on all of our programs and services, from coast to coast.

We are extremely lucky to have such dedicated champions to help us implement our mission while we march toward our vision of a cure. This year, we are recognizing the Halifax Chapter for their incredible engagement.

The Chapter worked to increase revenue across the board. They continue to host two major fundraisers every year, a Casino Night and a Lip Sync Battle and Auction. Their strategic and creative initiatives continue to generate more revenue for Muscular Dystrophy Canada's mission.

Under their stewardship, the Halifax Walk for Muscular Dystrophy has seen tremendous growth, from \$6,000 only ten years ago to just under \$65,000 this year. Members of the Halifax Chapter continue to be some of our most engaged Ambassadors, speaking at events and serving as our 'poster people' for campaigns rolled out nationwide.

Thank you to the Halifax Chapter for their commitment.



Shad's R & R Golf Tournament Recipients of the Fred Shaddick Community Spirit Award

As a grassroots organization, Muscular Dystrophy Canada has been tremendously fortunate to work with leaders in communities across Canada who are making a difference. Our experience has always been that it takes only a small group of dedicated people to make a difference. We witness this reality year after year.

This year's recipient of the Fred Shaddick Community Spirit Award is none other than the tournament that was founded in his name, Shad's R & R. For 44 years, the tournament has brought together members of the automotive aftermarket to take part in a day of golf, dinner, and auction prizes in support of Muscular Dystrophy Canada.

This year, more than 200 participants from across North America spent the day playing golf and raising funds for the advancement of research, treatments, and improving the medical care and quality of life of people with neuromuscular disorders. In 2017, Shad's R & R made a donation of \$175,000, bringing their 44-year running total to \$4.8 million dollars.

These events, and the support of their communities, are why Muscular Dystrophy Canada has the impact that it does. The Fred Shaddick Community Award is presented to a business, group, or other community service organization that has worked with Muscular Dystrophy Canada in planning and organizing a third-party event. As one of the organizers of the event, the late Fred Shaddick's son, Brad, continues this decades-long tradition, as a shining example of the power of community.

Lawtons Home HealthCare

Lawtons Home Healthcare
Recipient of the Caring Corporate Partner Award

In order to offer top quality programs and services, we need to work with partners who understand the challenges that our clients face on a daily basis. In Lawtons, we have found such a partner.

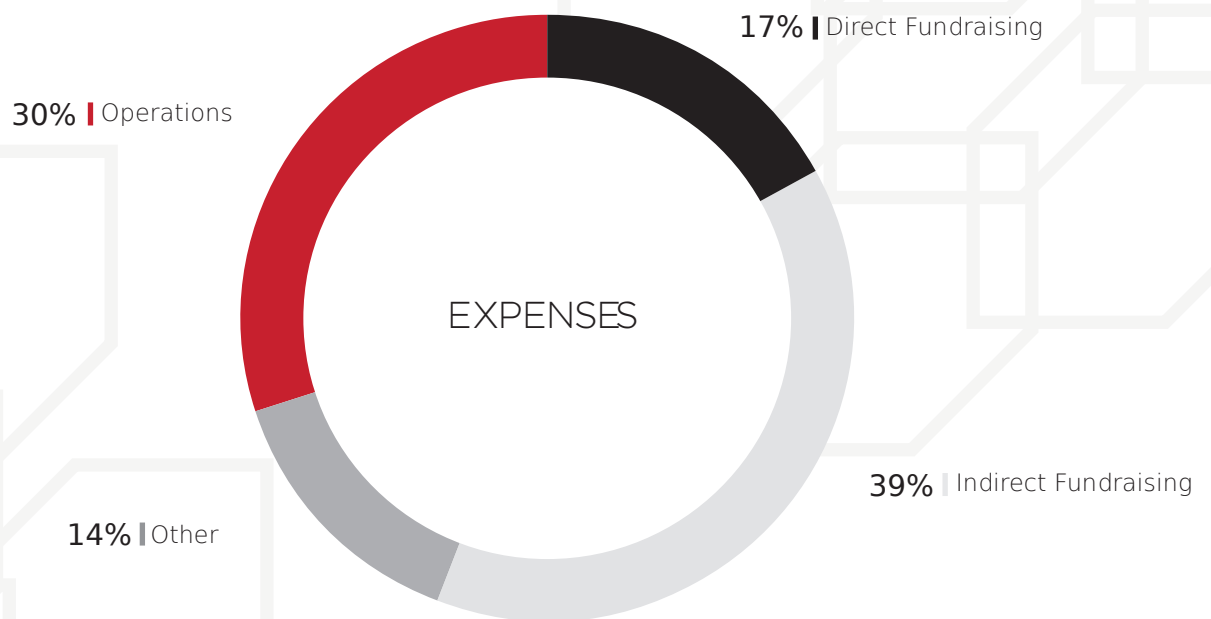
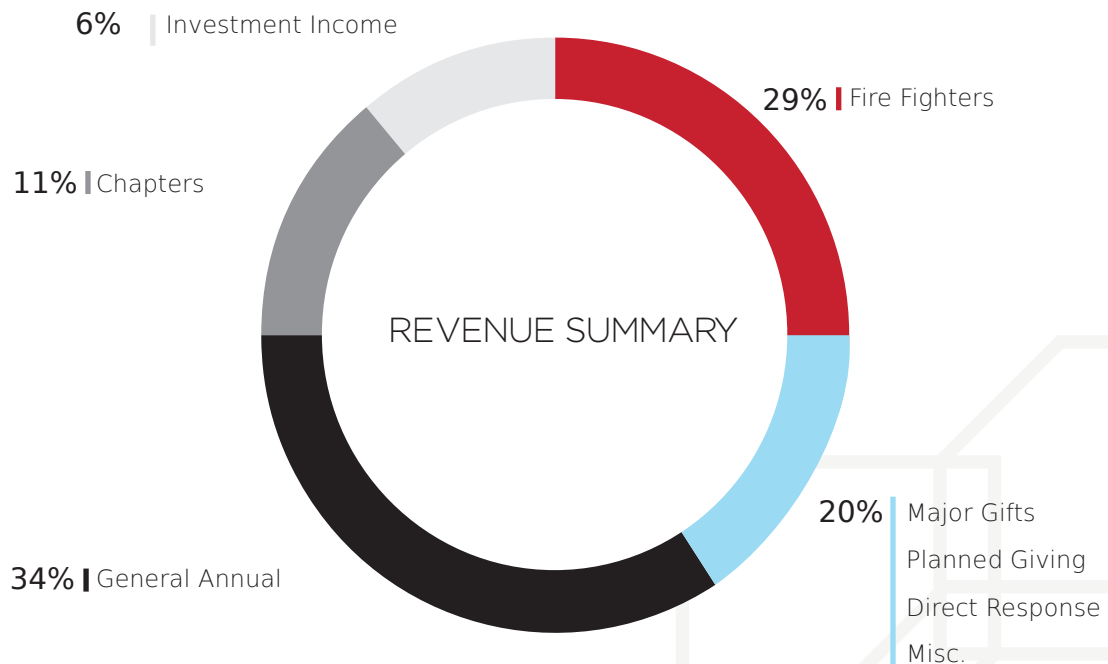
With a sponsorship commitment spanning three years, they have funded Family Retreats since 2015 and have made additional contributions to the Walk for Muscular Dystrophy, raising the total value of their commitment to \$75,000.

Following the initial success of the 2015 Family Retreat in Atlantic Canada, Lawtons worked with us to respond to feedback to provide a Caregiver Retreat. These events were such a success that Muscular Dystrophy Canada is planning to role these out nationwide.

Lawtons was actively involved in the retreats, through content and attendance. We are lucky to have found an engaged partner in Lawtons who has gone beyond the role of sponsor.



FINANCIAL SUMMARY - FY 16/17



Statement of Revenue and Expenditures
 For the year ended March 31, 2017

	2017	2016
Revenue:		
General campaign and Donations	8,625,269	8,687,444
I Can! Leadership Campaign	13,059	34,677
Other Revenue:	1,604,157	573,907
	10,246,485	9,296,028
Investment & Sundry Income	231,306	233,762
Total Funds Raised	10,477,791	9,529,790
Expenditures:		
Fundraising	3,835,983	4,197,458
Fundraising Operating Support	1,441,053	1,219,940
	5,277,036	5,417,398
Volunteer Support and Governance	486,832	433,804
	5,763,868	5,851,202
Net Funds Available for Programs & Services	4,713,923	3,678,588
Programs and Services:		
Research Programs	863,512	533,195
Services	1,573,781	1,307,592
Education and Information Services	925,746	1,038,332
Other Programs	288,180	265,156
Services Operating Support	647,429	548,089
	4,298,648	3,692,364
Excess (Deficiency) of Revenue over Expenditures Before the Undernoted	415,275	(13,776)
Amortization of Capital Assets	(119,386)	(128,193)
Change in Fair Value of Investments	408,535	(108,888)
Excess (Deficiency) of Revenue Over Expenditures for the Year Before Restructuring Costs	704,424	-
Restructuring Costs	(724,000)	-
Deficiency of Revenue Over Expenses for the Year	(19,576)	(\$250,857)

Condensed Statement of Financial
Position as at March 31, 2017

	2017	2016
Assets:		
Cash & Investments	10,628,619	10,640,998
Capital Assets	296,311	372,545
Other Assets	434,062	485,243
	11,358,992	11,498,786
Liabilities:		
Current liabilities		
Accounts Payable and Accrued Liabilities	1,356,424	1,043,536
Deferred Revenue	113,083	215,977
Commitments for Research Grants	620,000	335,381
	2,089,507	1,594,894
Deferred contributions:		
Neuromuscular Research	2,257,877	2,577,063
Services	1,327,357	1,558,748
Education	179,597	267,822
British Columbia Gaming	277,085	253,114
	4,041,916	4,656,747
	6,131,423	6,251,641
Net assets:		
Restricted for Endowment Purposes	869,420	834,426
Invested in Board Approved Priorities	983,085	1,103,746
Invested in Capital Assets	296,311	372,545
Unrestricted Net Assets	3,078,753	2,936,428
	5,227,569	5,247,145
	11,358,992	11,498,786

Complete audited financial statements available upon request or online at muscle.ca.

Certain comparative figures have been reclassified to conform to the current year's financial statement presentation.

OUR BOARD OF DIRECTORS



Buzz Green,
Chair



Michael Kaye,
Vice-Chair



Jeremy Dixon,
Secretary



Dave Ferguson,
Treasurer



Michel Chalifoux,
Chair, Pension and
Investment Sub Committee



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Chair, Medical and Scientific
Advisory Committee



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Mandate Committee



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THANK YOU



Join us to be part of
the solution!

 Muscular
Dystrophy Canada

For more information or to get involved, please
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You can also find us on social media



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