MOVING MUSCLES FOR CHANGE

Muscular Dystrophy Canada
Muscular Dystrophy Canada is a not-for-profit organization dedicated to improving the lives of more than 50,000 Canadians affected by over 150 types of neuromuscular disorders.

Our vision is to find a cure for neuromuscular disorders in our lifetime.

Until then, our mission is to enhance the lives of those with neuromuscular disorders by providing support and resources and funding research towards a cure.

But we cannot do this alone. Our team is our inspiration: Collaboratively we drive each other to do more, to reach higher and meet more challenges head on. From the Fire Fighters across Canada who adopted us as their cause in 1954 and have never wavered, to the volunteer Chapters who passionately give their time and, of course, those living with neuromuscular disorders who refuse to let it define who they are, our team is united in our journey towards a cure.

The youth, especially, are our greatest inspiration. They are our future leaders. We hope you’ll draw inspiration from their stories. Moving muscles for change has never been more important.
Muscular Dystrophy Canada supports people with neuromuscular disorders, their families and their communities by providing:

**Support**
- Caring and knowledgeable service staff
- Volunteer Chapters and support groups
- Collaboration with health professionals and neuromuscular clinics

**Education**
- School and community presentations
- Conferences and workshops
- Awareness campaigns

**Advocacy**
- Help to individuals and groups
- Local, regional and federal initiatives to effect change
- Advocacy Tool Kit

**Equipment**
- Wheelchairs, scooters and other mobility aids
- Orthopaedic devices
- Ventilation and communications equipment information

**Information**
- Facts about neuromuscular disorders and related issues
- Research updates
- Listings of community resources and programs

Fire Fighters have been Muscular Dystrophy Canada’s strongest supporters since 1954.

They do a lot more than fundraising.

Heroes on and off the job, they inspire hope in those affected by muscular dystrophy, like Ben Tumack.

He was diagnosed with a Non-Specific Congenital disorder as a baby, but because muscular dystrophy has more than a hundred varieties and is progressive, it’s not uncommon for a diagnosis to change over time as other symptoms appear.

At just 11 years old, Ben was re-diagnosed with Mitochondrial Myopathy.

Obviously, Ben can’t recall his initial diagnosis as a baby, but he does remember rooftop campouts with his Fire Fighter friends. It was there, high on a rooftop, safe in the company of his role models, that Ben realized he and his family weren’t alone. “Fire Fighters inspired me to get involved. Before that first rooftop campout, we never really knew other people with my disability,” he explains.

It’s that kind of outreach that continues to have an impact on kids like Ben, and it’s a commitment that Fire Fighters across Canada have pledged to continue.

The National Fire Fighter Relations Committee, for example, has a strategic plan to engage new Fire Fighters, ensuring that Muscular Dystrophy Canada will continue to be supported by Canadian Fire Fighters.

From individual members, to fire halls and entire departments, Canadian Fire Fighters are determined and passionate about the cause. They volunteer to camp out in freezing temperatures, hold boot drives in the rain, and attend conferences far from home to raise the profile of neuromuscular disorders and the more than 50,000 Canadians affected – including Ben.

For all of this, we salute all the career and volunteer Fire Fighters across the country. Thank you for your unwavering support of Canadians affected by neuromuscular disease.
Young people often have a unique view of the world. Instead of “can’t” they’re more likely to think, “why not?” Take Christina Massad, at the time a passionate 20-year-old student who decided to pioneer a local Walk for Muscular Dystrophy event.

With her mind made up, there was nothing that could stand in her way, least of all her diagnosis of Limb Girdle muscular dystrophy.

It took her seven years to move beyond the initial shock, but knew she wanted to make a difference and that it was time to act.

“I was growing tired of people questioning my disability and not knowing what it was. The lack of awareness was extremely annoying to me, and I finally thought to myself, ‘Enough is enough,’” said Christina.

Determined and unfettered by fear of failure, she launched the first York Region Walk for Muscular Dystrophy in 2009.

It was no modest task. Planning a Walk for Muscular Dystrophy can take up to a year, and an inaugural event can take even longer. The details can be overwhelming. Events must be at accessible venues, food and entertainment marshalled, and hosts and hostesses recruited.

Despite these challenges, the Walk for Muscular Dystrophy continues to grow at a recording-breaking pace, year after year. We could not have accomplished this without Christina Massad and those like her, and all the volunteers who devote their time on behalf of those affected by neuromuscular disorders.

What’s really exciting is that youth like Christina are paving the way. Elementary and high school students are involved in the Walk for Muscular Dystrophy, not just participating, but also hosting events at their schools. These students are raising awareness about muscular dystrophy and other disabilities, and along the way they’re spreading an infectious spirit of volunteerism. This burgeoning interest from bright, young Canadians propels us all forward.

Being in a wheelchair hasn’t stopped Vincent Gagnon from flying on the edge of the wind.

The 20 year old from Quebec was diagnosed with Duchenne muscular dystrophy 15 years ago and he’s been in a wheelchair ever since. Like many of the other youth who are inspiring the Muscular Dystrophy Canada teams, he continues to push the boundaries of his world.

And in the process he is galvanizing those around him to the cause. He’s an inspiration to his peers at Muscular Dystrophy Canada and to all youth.

Vincent doesn’t minimize his diagnosis, but he doesn’t let it hold him back. Not only was he one of the top five fundraisers at the 2011 Montreal La Dystromarche, he’s passionately engaged in life.

Today, he’s a student, living independently, pursuing East Asian studies and planning to travel to China to enhance his academic exploration of that nation and its culture.

“Listen to your body,” he says sagely. “Never push yourself beyond your limits, but just as importantly, never sell yourself short or hold yourself back. Seek out the happy medium.”

Trying new things and meeting new people is always scary, he says, but it’s important to get involved. Believing in a cause is the greatest inspiration of all he explains.

There’s a world out there, says Vincent, and all youth limit themselves if they remain within their silos. “Don’t underestimate the power or positives of social integration,” he says. “There are many amazing services available for people with disabilities, and while it’s good to be with people who share similar life experiences, it’s also important to integrate into the community. Look for perspectives in unexpected places.”
50,000+ Canadians are affected by neuromuscular disorders.

Over time, persons with neuromuscular disorders may lose the ability to walk, speak, & ultimately breathe. For some individuals, the disorder can be fatal.

We assist people with neuromuscular disorders to navigate complex systems to access resources to enhance their quality of life.

Each form of muscular dystrophy is caused by an error in a specific gene associated with muscle function.

Neuromuscular disorders is a general term that refers to diseases that affect any part of the nerve & muscle.
Making Great Strides: The Rewards of Research

Great progress has been made over the past half a century in diagnosing and treating neuromuscular disorders. While there’s no cure yet, we’re not discouraged. People with neuromuscular disorders today live longer and enjoy a better quality of life, and we’re here to support them.

The ultimate goal, though, is to put ourselves out of business — and that means finding a cure.

Research, however, is costly and painstaking, and takes time. But because of the efforts of our team, which in turn bring support from our generous donors, Muscular Dystrophy Canada continues to fund leading-edge Canadian scientists as they doggedly pursue the mystery to unlocking neuromuscular disorders.

The future rests in the hands of scientists like Dr. Toshitumi Yokota at the University of Alberta, whose research focuses on the molecular level of neuromuscular disorders, such as Duchenne muscular dystrophy (DMD).

Dr. Yokota is the inaugural Friends of Garrett Cumming Research Chair, Muscular Dystrophy Canada, and his goal is to develop safe, effective therapeutic options. He’s in good company: his colleagues at the university have studied neuromuscular disorders since the 1950s and lead cutting-edge research in Canada.

Muscular Dystrophy Canada’s research program relies heavily on partnerships with other organizations. Thanks to the Neuromuscular Research Partnership, Neurological Health Charities Canada, and the University of Alberta, we’re able to collect more investments in research than we could ever achieve if left to our own devices.

The Neuromuscular Research Partnership is a partnership between Muscular Dystrophy Canada, ALS Canada, and the Canadian Institutes of Health Research. Since 2000, these partners have been working together to fund operating grants focused on discovering causes, developing treatments, and, ultimately, cures for neuromuscular disorders. In its first 10 years, the Neuromuscular Research Partnership invested over $29 million in 108 research projects, led by 66 principal investigators, at 28 institutions in seven provinces, which resulted in more than 300 scholarly publications.

Crunch those numbers and they add up to hope.

Muscular Dystrophy Canada is also a founding member of the Neurological Health Charities Canada, a coalition of 24 health charities. Their mission is twofold: to work together to improve the quality of life for Canadians affected by neurological conditions and advocate for a comprehensive National Brain Strategy, to further research treatments and support for those living with these chronic conditions.

It is thanks to the dedicated researchers across Canada that a way to prevent and cure neuromuscular disorders will be found.

Muscular Dystrophy Canada’s volunteer Chapter members are superstars who raise more than $1 million every year.

The numbers are impressive, but the underlying story is even more compelling. Inspired by the example of our younger team members, more youth are signing up because they see that volunteerism is cool. Many credit their family and friends as their role models. Alex Peeler is a perfect example.

The South Shore for a Cure Chapter (Bridgewater, Nova Scotia) is a second family to Alex Peeler. His father, not so coincidentally, served as Chapter President and Fire Fighter Liaison.

"It was my parents who inspired me to help out with Muscular Dystrophy Canada,” says Alex, studying Screen Arts at a Dartmouth college. “My mother and father have been involved with Muscular Dystrophy Canada ever since I can remember, and since I look up to both of my parents it was only natural that I’d want to follow in their footsteps.”

His involvement has come full circle. As a child, Alex was involved with HOP for Muscular Dystrophy, a national educational fundraising program set in hundreds of childcare centres and schools. Today, he makes the time to speak with young “hoppers” and share his story.

Voluteers like Alex play a vital role in welcoming new members and helping to deliver essential services. They are the driving force behind why so many young people are getting involved in local Chapters.

At that level, those volunteers do everything from helping draft advocacy letters to educating families about available community-based services. They are a diverse group.

Whether it’s a Fire Fighter sitting on a rooftop in minus 30 degree temperature, someone with a neuromuscular disorder stuffing envelopes at a local office, an Allied Health Professional educating others in the community, or dedicated youth like Alex giving back, every one of our volunteers makes an invaluable contribution and embodies Muscular Dystrophy Canada’s core values of determination, courage, passion and caring.

We strive to do more. To strengthen our volunteer network further, Muscular Dystrophy Canada has launched a multi-year Chapter Network Engagement Project.

For the past two years we’ve been meeting with, listening to and working with local volunteer Chapters, like South Shore for a Cure Chapter. We want to see the world through their eyes and collaborate with all team members to see what challenges we can meet together and what hurdles we can break down.

The goal is to emerge with an even stronger network of Chapters with focused leadership and motivated volunteers. We believe we’re on track.

For information about joining a Muscular Dystrophy Canada Chapter, visit www.muscle.ca/chapters.
There are many ways to raise funds and awareness for Canadians living with neuromuscular disorders. No matter the source, the funds we raise at our events and through other endeavours go towards our goals, whether backing medical research to find a cure for neuromuscular disorders or providing support in the community.

Best of all, the events are fun!

**Walk for Muscular Dystrophy**
The Walk for Muscular Dystrophy is our signature event. From May through September, participants in cities and towns across Canada join together to support loved ones, friends, neighbours and colleagues in a casual, fun event. There are activities, refreshments and entertainment for everyone to enjoy. Bring your kids, your mom, brother, boss, neighbour – even your pet. Whether on two legs or four, wheeling, walking, running, being pulled or pushed, all that energy being expended will never go to waste.

**Fire Fighters Campouts, Ladder Sits & Fill the Boot Drives**
Fire Fighters have been Muscular Dystrophy Canada’s longest-standing partners and most loyal supporters since 1954. From boot drives to campouts to ladder sits, they raise funds and recognition for Canadians affected by neuromuscular disorders.

The Fire Fighters Fill the Boot campaign for muscular dystrophy is their signature event, but the Fire Fighters Campouts and ladder sits are maybe the most challenging. These events are held across Canada, often during the bitter winter months. They are typically three-day events with Fire Fighters camping out on building rooftops and braving the elements to raise money and awareness, and enrich the lives of local families affected by neuromuscular disorders.

Fill the Boot campaigns, of course, are a national tradition. Dropping money into the “boot” at shopping malls and events across Canada is as much a part of our culture as poutine and pond hockey.

If you’ve ever wanted to check out a fire hall – or Fire Fighters events – their events are usually open to the public. So, don’t be shy – drop by and say hi!

**Wheelchair Dare**
If you want to know someone, walk a mile in their shoes; if you want to understand the challenge of working and living with limited mobility, take a seat, as in a day in a wheelchair.

It’s the first step towards experiencing what it’s like for those who have no other choice. Dare yourself, your friends and your co-workers to get involved at your workplace.

It’s a collaborative way to team build and raise funds and awareness at the same time. You’ll also gain a personal perspective on how everyday tasks become obstacles when you’re in a wheelchair.

And you’ll be taking a positive stand for those affected by neuromuscular disorders.

**Buck-4-Luck**
Trust an Irish tradition to put the fun in fundraising. Leading up to St. Patrick’s Day, banks, restaurants, pubs and retailers, such as Lowe’s in Ontario, ask patrons to donate a loonie in return for a large paper shamrock.

Donors write their names on the shamrock – or that of a loved one – and post it on the wall. The idea is that the shamrock will bring luck. This annual event has raised thousands of dollars for those affected by neuromuscular disorders. And we could all use a little of the luck of the Irish.

**HOP for Muscular Dystrophy**
HOP for Muscular Dystrophy is a national educational fundraising initiative promoting compassion, caring and acceptance of differing abilities.

Aimed at kids in schools, the program provides an early introduction to inclusiveness and understanding of physical differences and how these don’t change who people are on the inside.

Thousands of pre-school and early elementary school children “HOP” for muscular dystrophy every year. Childcare centres, after-school programs, community groups and elementary schools also support the program.

If your child’s school or daycare isn’t already involved, contact us and find out how it can participate.

**DIY Fundraisers**
You can help make muscles move by organizing and facilitating a fundraiser in your community to benefit Canadians affected by neuromuscular disorders. Hosting independent special events, such as bake sales, bike rides, golf tournaments, dances, auctions and head-shaving challenges is a great way to connect with family, friends and your community.

Got an idea for a fundraiser? Visit us at muscle.ca or call us at 1-866-MUSCLE-8.
LOCATIONS

National Office
2345 Yonge St.
Suite 900
Toronto, ON
M4P 2E5
1-866-MUSCLE-8
416-488-0030
416-488-0107
info@muscle.ca

Western Office
1401 West Broadway
7th Floor,
Vancouver, BC
V6H 1H6
1-800-366-8166
604-732-8799
604-731-6127
infowest@muscle.ca

Ontario Office
2345 Yonge St.
Suite 901
Toronto, ON
M4P 2E5
1-800-567-2873 ext. 160
416-488-2699
416-488-0107
infoontario@muscle.ca

Quebec Office
1425 René-Lévesque Blvd. W.
Suite 506
Montreal, QC
H3G 1T7
1-800-567-2236
514-393-3522
514-393-8113
infoquebec@muscle.ca

Atlantic Office
170 Cromarty Dr.
Suite 222
Dartmouth, NS
B3B 0G1
1-800-884-6322
902-429-6322
1-902-425-4266
infoatlantic@muscle.ca
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Officers
Michel Chalifoux  
*Chair* (ON)
Nancy Cumming  
*Vice-Chair* (AB)
Ronald Nicol  
*Vice-Chair* (QC)
Brian Keller  
*Treasurer* (ON)
Yazmine Laroche  
*Secretary* (ON)

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Dave Ferguson (BC)  
Debra Chiabai (ON)  
Dr. Jacques P. Tremblay (QC)  
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Dr. Louise Simard (MB)  
Michael Kaye (BC)  
Nashater Sanghera (BC)  
Paul McGonigal (AB)  
Rhoda Beecher (ON)  
Rick Mills (ON)  
Catherine Sherrard,  
*Chief Executive Officer*
Together, we're fostering positive relationships, and improvements in clinical practices, we are seeing more young people achieve their dreams of going to university or community college, finding employment and getting married.

But we need to do more - wheelchairs and mobility aids continue to be inadequately and unequally funded across Canada. We need strong voices to educate and create awareness for the overall lack of effort to support people with mobility issues in our society. We need to continue to build partnerships to leverage our research dollars. And we need to empower our youth to speak loud, and be heard.

This past year, we heard and witnessed their resolve and saw their strength at Muscular Dystrophy Canada's second Youth in Action Conference. Their stories continue to inspire us to do more, to fight harder, and to build for a future of equality, advancements in treatments and funding of research to find a cure.

With all of you rallying behind us, we will achieve our goals. Together, we can make muscles move.

Michel Chalifoux
Chair, Board of Directors

Catherine Sherrard
Chief Executive Officer

I am pleased to report on the financial results of Muscular Dystrophy Canada for the fiscal year ended March 31, 2011.

Muscular Dystrophy Canada continues to have a sound financial position. Total assets of Muscular Dystrophy Canada were $8.852 million at March 31, 2011, versus $7.097 million at March 31, 2010, representing an increase of $1.755 million.

Total funds raised were $10.694 million in fiscal 2011 versus $10.196 million in fiscal 2010, representing an increase of $498,000.

Chapter revenues were $1.129 million in fiscal 2011 versus $1.005 million in fiscal 2010, representing an increase of $124,000. The major reason for the increase relates to the continued growth of our Walk for Muscular Dystrophy Canada events.

Fire Fighter fundraising continues as our single most important revenue source, generating $2.777 million in fiscal year 2011 as compared to $2.552 million in fiscal 2010, representing an increase of $225,000. This continues to be a remarkable demonstration of the commitment of Fire Fighters that has continued to benefit people with neuromuscular disorders throughout our history.

In terms of expenses, Muscular Dystrophy Canada had total expenditures of $9.681 million in fiscal 2011 versus $9.920 million in fiscal year 2010, and a total surplus of $406,603 versus last year’s surplus of $263,924. We are pleased to report that we have met our benchmark of three months of unrestricted operating surplus as at March 31, 2011.

Total charitable program and service expenditures in fiscal 2011 were $3.644 million versus $4.614 million in fiscal 2010. Total fundraising and operational expenditures increased by $699,000 compared to last year due to a number of one-time operational expenditures. We continue to measure the efficiency, effectiveness and return on investments and focus on those areas.

I would like to take this opportunity to thank the members of the Finance and Audit Sub-committee who gave their time and support to Muscular Dystrophy Canada and those we serve.

Brian Keller,
Treasurer
## Financial Summary

### Statement of Revenue and Expenditures

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenues:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>General campaign &amp; donations</td>
<td>$9,588,952</td>
<td>$9,614,674</td>
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<tr>
<td>Other revenue:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Legacies</td>
<td>673,153</td>
<td>394,607</td>
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<tr>
<td>Government grants</td>
<td>432,143</td>
<td>186,760</td>
</tr>
<tr>
<td><strong>Total Revenues</strong></td>
<td>10,694,248</td>
<td>10,196,041</td>
</tr>
<tr>
<td>Less: Utilization of Deferred Contribution</td>
<td>(875,238)</td>
<td>(239,790)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>9,819,010</td>
<td>9,956,251</td>
</tr>
<tr>
<td>Investment &amp; Sundry Income</td>
<td>269,594</td>
<td>227,768</td>
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<tr>
<td><strong>Total Revenues</strong></td>
<td>10,088,604</td>
<td>10,184,019</td>
</tr>
</tbody>
</table>

| **Expenditures:**    |            |            |
| Fundraising          | 4,131,015  | 3,844,742  |
| Operations           | 1,956,832  | 1,541,247  |
| Management fees      | 27,598     | 29,603     |
| **Total Expenditures** | 6,115,445  | 5,415,592  |

| **Net funds available for programs & services** | 3,973,159 | 4,768,427 |

| **Programs & services:** |            |            |
| Research programs       | 821,378    | 1,534,040  |
| Services                | 1,534,515  | 1,917,411  |
| Education & information services | 966,450    | 707,464    |
| Other programs          | 321,754    | 455,450    |
| **Total**               | 3,644,097  | 4,614,365  |

Excess of revenues over expenditures before the undernoted | 329,062 | 154,062 |

|                      |            |            |
| Amortization of capital assets | (71,174) | (55,609) |
| Unrealized gain (loss) on investments | 148,715    | 165,471    |

Excess of revenue over expenditures | $406,715 | $263,924 |

### Condensed Statement of Financial Position as of March 31, 2011

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash &amp; investments</td>
<td>$8,300,603</td>
<td>$6,523,961</td>
</tr>
<tr>
<td>Capital assets</td>
<td>236,323</td>
<td>203,267</td>
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<tr>
<td>Other assets</td>
<td>315,546</td>
<td>369,839</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>8,852,472</td>
<td>7,097,067</td>
</tr>
</tbody>
</table>

| **Liabilities:**     |            |            |
| Accounts payable & accrued liabilities | 1,360,070 | 680,562 |
| Deferred revenue     | 153,811    | 194,098    |
| Commitments for research grants | 1,239,987 | 1,405,644 |
| **Total Liabilities** | 2,753,868  | 2,280,304  |

| **Deferred contributions:** |            |            |
| Neurumuscular research     | 1,411,447  | 1,143,893  |
| Services                   | 1,208,936  | 721,239    |
| Education                  | 272,880    | 182,755    |
| British Columbia Gaming    | 522,211    | 492,349    |
| **Total**                  | 3,415,474  | 2,540,236  |

| **Total Liabilities**     | 6,169,342  | 4,820,540  |

| **Net assets:**           |            |            |
| Restricted for endowment purposes | 656,534    | 618,558    |
| Invested in capital assets | 236,323    | 203,267    |
| Unrestricted              | 1,790,273  | 1,454,702  |
| **Total**                 | 2,683,130  | 2,276,527  |

Total Liabilities & Resources | 8,852,472 | 7,097,067 |

Disclosed in compliance with the Imagine Canada Ethical Fundraising & Financial Accountability Code

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total fundraising revenues</td>
<td>10,694,248</td>
<td>10,196,041</td>
</tr>
<tr>
<td>Total direct costs &amp; fundraising expenses</td>
<td>4,131,015</td>
<td>3,844,742</td>
</tr>
<tr>
<td>Total donations receipted for tax purposes</td>
<td>3,957,156</td>
<td>4,343,682</td>
</tr>
<tr>
<td>Total expenditures on charitable activities</td>
<td>3,644,097</td>
<td>4,614,365</td>
</tr>
</tbody>
</table>
AWARDS

Each year Muscular Dystrophy Canada recognizes and celebrates the contributions of individuals and groups who champion our cause with courage, determination, passion and caring. We honour their dedicated efforts and commend them on their tremendous support for all persons with neuromuscular disorders.

In 2011, Muscular Dystrophy Canada renamed the awards program as the Dr. David Green Awards. This new name recognizes Muscular Dystrophy Canada’s founder and exemplifies the significant impact Dr. David Green has had on the organization.

Dr. George Karpati Award for Researcher of the Year
Dr. Lawrence Korngut – Calgary, AB

Presented to an exemplary neuromuscular clinician or researcher who has made a significant contribution to neuromuscular research, the advancement of care of people with neuromuscular disorders in the past year.

Fire Fighter of the Year
Mike Kaye – Victoria, BC

Presented to a Fire Fighter who has demonstrated overall excellence throughout the past year, in areas of public awareness, services, fundraising, and volunteer recruitment.

Mary Ann Wickham Award for Volunteer of the Year
Cathy Cunningham – Penticton, BC

Presented to a Muscular Dystrophy Canada volunteer who has made an outstanding contribution during the past year in fundraising, public awareness and/or services.

Michel Louvain Award for Client of the Year
Sonny Davis – Kelowna, BC

Presented to an individual with a neuromuscular disorder who has made an outstanding contribution to Muscular Dystrophy Canada in fundraising, public awareness and/or services.

Courage to Inspire Award
The McGonigal Family – London, ON

Presented to an individual or group that has had a long-term relationship with Muscular Dystrophy Canada through lifetime giving or the organization of a special event.

RESEARCH & SERVICES

Thanks to the support of our generous donors, Muscular Dystrophy Canada is able to fund the work of leading-edge Canadian scientists who are committed to investigating the causes of, and treatments for, neuromuscular disorders.

This year, we celebrated the 10th anniversary of the Neuromuscular Research Partnership (NRP), a partnership with ALS Canada and the Canadian Institutes of Health Research. Over the past 10 years, the NRP has invested over $29 million to fund 108 research projects led by 66 principal investigators at 28 institutions in 7 provinces, which have resulted in more than 300 scholarly publications.

The following grants were awarded through the 2010 Neuromuscular Research Partnership:

Bachand, François
• Université de Sherbrooke
• Characterization of a novel function for PABPN1: the product of the oculopharyngeal muscular dystrophy disease gene.
  • 5 years

Dilworth, F. Jeffrey
• Ottawa Hospital Research Institute
• Differential role of myogenic regulatory factors in establishing muscle-specific gene expression.
  • 5 years

Jones, Kelvin E.
• University of Alberta
• Promoting protection of functionally intact motor units in amyotrophic lateral sclerosis (ALS).
  • 3 years

Mathieu, Jean
• Université de Sherbrooke
• Motor, multisystemic and social participation assessment in myotonic dystrophy type 1: a 9-year longitudinal study.
  • 3 years

Meiering, Elizabeth
• University of Waterloo
• Folding and aggregation of ALS-associated mutant superoxide dismutases
  • 5 years

Nalbantoglu Joséphine
• McGill University
• Artificial zinc finger transcription factors targeting the utrophin promoter as a potential therapy for Duchenne muscular dystrophy
  • 5 years
Rafuse, Victor F.
- Dalhousie University
- Developing specific motoneuron subtypes from embryonic stem cells, and induced pluripotent stem cells, to treat neuromuscular disorders and paralysis due to injury.
  - 3 years

Rivest, Serge
- Centre hospitalier de l’Université Laval (Québec)
- Therapeutic properties of the innate immune response by microglia
  - 5 years

Julien, Jean-Pierre
- Centre de recherché du CHUL
- “Pathogenic mechanisms associated with neurofilament disorganization”
  - 5 years

Muscular Dystrophy Canada’s caring staff and volunteers deliver services to enhance the quality of life for those Canadians affected by neuromuscular disorders. Our programs are focused in 5 key areas: education, information, advocacy, support; and equipment.

This year, we:
- Supported 38 volunteer Chapters who hosted 277 meetings and events
- Created awareness about neuromuscular disorders by reaching 8,008 people through 91 educational events
- Worked in partnership with 15 other organizations to advocate for enhanced public policies
- Responded to over 30,000 service-related phone calls and e-mails from people affected by neuromuscular disorders by providing information and referrals
- Helped alleviate the financial pressures of 738 clients by investing $1.176 million towards purchasing 1204 pieces of equipment valued at $2.706 million

In 2010, Canada Safeway’s annual Make Muscles Move campaign raised an astounding $1.2 million in support of people with neuromuscular disorders to fund hope through research and assist with the purchase of essential equipment and assistive devices.

The “Safeway Mobility Grants” are a special grant fund created in partnership with Safeway Canada. The grants facilitate equipment requests that go beyond the coverage Muscular Dystrophy Canada currently provides. More families are now able to receive equipment that would normally be out of reach financially. With Canada Safeway’s generous help, we are able to provide a specialized equipment grant, which greatly improves the daily lives of our clients and lessens their struggle with neuromuscular disorders.

Canada Safeway stores display signage in purchase locations, and host in-store fundraising activities with the help of their employees and Muscular Dystrophy Canada volunteers to raise awareness and funds for the annual campaign.

A heartfelt thank you to Canada Safeway customers, staff and the Canada Safeway Foundation for their continued generosity!

DONORS
Muscular Dystrophy Canada deeply appreciates the continuing support of all of our donors. Their generous gifts make all the difference in the world.

Individual

<table>
<thead>
<tr>
<th>Amount</th>
<th>Donor</th>
</tr>
</thead>
<tbody>
<tr>
<td>$10,000 - $49,999</td>
<td>Nancy E. Cumming, George Goldlist, James &amp; Fiona Green, Brian Keller, Rodeen Stein</td>
</tr>
</tbody>
</table>

John & Susan Butler, Michel Chalifoux, Joe and Rami Chowaniec, Cynthia Christie, J. A. Clark, Sophie & Isabel Clausen, Ron Cooke, Larry J. Cooper, Marc Courtois, James & Debra Cumming, R. E. Davis, Thomas Davis, Douglas D. Davison, Paul DiPasquale, Glen & Carol Drewery, Isabelle Dufresne, Grant Erickson, Alison A. Fisher, Joseph Franchomme, Charyl Galpin, Waquar H. Gilani, Suzanne Gingras, Mark W. Godin, Paul Grégoire, Sylvain Grenier, Nancy Guggisberg, Kevin Harrison, John Hart, Mrs. R.M. Hawkins, Piercy Haynes, Jodi Hodgson, Marion V. Holmes, Pierre Houle, André Huppé, Maurice Janssen, Doug Johnson, Mélanie Kau, Steven Kazman, Marguerite Kirby-Kerr, Yasmine Laroche, Wiliam Mutryn, Wiliam Mutryn, Wiliam Mutryn, Wiliam Mutryn,
Corporate/Foundation
$100,000 - $999,999
Astral Media
British Columbia Ministry of Housing and Social Development
Government Of Canada
The Canada Safeway Limited
$10,000 - $99,999
900572 Alberta Ltd.
Alberta Community Initiatives Program
Alberta Lottery Fund
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Spruce Grove
Firesfighters Charitable Association
Stokes International
Strathcona County Hall
The Adair Family Foundation
The Catherine and Maxwell Meighen Foundation
Tommy Hilliger Canada Inc.
Union S2 Benevolent Society
Whispers Bar & Restaurant

Third Party
$100,000 & Over
Lee & Janet Harrison’s Cruising for a Cause
Shad’s R & R
$25,000 - $99,999
Running Room
Tournoi de golf Lallier - Repentigny
$10,000 - $24,999
British Columbia Human Resources Management Association
Environmental Services Association of Alberta (ESAA)
Halloween Howler
HOG Newfoundland
Chapter 9004
IKE Coiffin Co-Ed
Softball Tournament
Nathan’s Ride for Hope
Omnium de golf DMC
Ride for Doug
Tourney de Golf Karl Palin
Trehaven Golf Tournament
Tyler Banks Annual
Telethon BBQ
Walter Sedlbauer Cougar Classic Golf Tournament
$5,000 - $9,999
Barhaven Lions Club
Fun Day
Bocce for Muscular Dystrophy
Cyclothon Jacques Desmeules
Deeley Harley-Davidson Canada
Marathon of Freedom

Named Funds
British Columbia Fire Fighter Student Bursary Fund
Dr. Bonnie Sawatzky Scholarship Fund
Dr. B. Sawatzky
Emily Elizabeth
Stoneham Foundation
Victoria Foundation
Fonds Jessica Chami
Jeanne Choueri
Fonds René Duchesne
Ruth Duchesne
Friends of Fraser Earle
Fraser Earle
Ilsa Mae Fund
Joe & Rami Chowaniec
Kit Davison Extra Fund
Kit Davison Foundation
Lawrie Goldlist Memorial Fund
Rodeen Stein & Family
Marathon of Freedom

Realized Bequests
Estate of Lena Gertrude Adam
Estate of Winifred Rhea Amiestad
Estate of Beatrice
Estate of Helen Morton
Estate of Gladys May Butler
Estate of Gladys May Butler
Estate of James Martin
Estate of Mary Paige Fee
Estate of Eileen May
Fieldhouse
Estate of Eileen Agnes Fraser
Estate of Raymond Harvey
Estate of Pauline Hilda Lonsford
Estate of Margaret Elizabeth MacDonald
Estate of Floyd Gordon McNey
Estate of Peter Mindrik
Estate of Mildred Nehaj
Estate of Helen Elizabeth Peters
Estate of Clara B. Sanderson
Estate of James Smith
Estate of Ernest Wheeler
Estate of Hazel Rose Woolven
Estate of George Joseph Ziebauer

Friends of Garrett
Cumming Research Chair, Muscular Dystrophy Canada
Neil and Katherine Camerta
Raymond Muzyka & Leona De Boer
Royop Hospitality Corporation
Summit Corporation
Upside Software Inc.

Safeway Making Muskies Move Campaign
$1,000,000 & Over
Estate of James Martin
Estate of Helen Morton
Estate of Gladys May Butler
Estate of Gladys May Butler
Estate of Mary Paige Fee
Estate of Eileen May
Fieldhouse
Estate of Eileen Agnes Fraser
Estate of Raymond Harvey
Estate of Pauline Hilda Lonsford
Estate of Margaret Elizabeth MacDonald
Estate of Floyd Gordon McNey
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Estate of Mildred Nehaj
Estate of Helen Elizabeth Peters
Estate of Clara B. Sanderson
Estate of James Smith
Estate of Ernest Wheeler
Estate of Hazel Rose Woolven
Estate of George Joseph Ziebauer
We apologize for any misspelling or omissions. Please call 416-488-0030 to inform us of any changes.
Names appearing in italics indicate those who are creators of the funds.
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