making muscles move
our mission

Muscular Dystrophy Canada supports the independence and full participation of Canadians with neuromuscular disabilities.

We fund research to improve the quality of life with people with neuromuscular disorders and to find a cure.

We assist individuals to participate in the decisions that affect them and collaborate with others for social change.

inside

3 board of directors
4 report of the chair of the board of directors
5 report of the national executive director
6 remembering our founder | dr. david green
7 treasurer’s report
8 financial summary
10 education | services | advocacy
12 research | our hope
14 our donors | named gifts
15 our donors | special events
17 our donors | the nucleus
19 our chapters | our heart
20 the people we serve | our purpose
22 our fire fighters | our safety net
23 the muscle and chrome neighbourhood
24 walk for muscular dystrophy | our new signature event
25 2007 national award recipients
26 contact us

Cover photos:
(Top) Boot Drives are just one of the ways Fire Fighters support Muscular Dystrophy Canada.
(Bottom) Friends participate hand-in-hand during the 2006 Jonquière Dystro-marche.

muscular dystrophy canada | annual report 2006-2007
Officer

KEN KRAMER
Chair (BC)

RICK MILLS
Vice-Chair (ON)

BRIAN KELLER
Vice-Chair/Treasurer (ON)

Diane rowat-walton
Secretary (ON)

Directors

Brenna banwell (on)

Grant carnochan (BC)

Michel chalifoux (ON)

nancy cumming (AB)

Joe chowaniec (AB)

Ruth Duchesne (QC)

Jim Kirby (ON)

Rashmi kotiary (ON)

Ronald nicol (QC)

Steve richardson (NB)

John rocha (BC)

Christian van houtte (QC)

Ex-Officio

Malcolm Hunter (BC)

Honorary Campaign

Michel Louvain

Ambassadors

DANIELLE CAMPO

RUSS HOWARD

LUKE MELCHIOR

DANIELLE PEERS

Honorary Directors

Normand Brathwaite

Harold A. Schaitberger

Gordon thiesen

During our Buck for Luck Campaign, Alberta's Grande Prairie Fire Fighters and Sean Sargent Toyota modified this Toyota Tundra truck to help raise awareness and funds for Muscular Dystrophy Canada.

During our Buck for Luck Campaign, Alberta's Grande Prairie Fire Fighters and Sean Sargent Toyota modified this Toyota Tundra truck to help raise awareness and funds for Muscular Dystrophy Canada.

muscular dystrophy canada | annual report 2006-2007
As my term of office as Chair of the Board of Directors winds down, I am most grateful for, and very humbled by the efforts and achievements of our volunteers and staff team in 2006 - 07.

We established key objectives that were met and, as always, responded admirably to challenges that were not anticipated when our business plan was prepared. Many people played very important roles in our work; it is only through their efforts that the many accomplishments of Muscular Dystrophy Canada were possible. I offer my sincere thanks and those of the Board of Directors to our Chapters, Fire Fighters, and staff for their dedication to our mission and their outstanding results.

The annual report can only highlight a few of the significant achievements of the year - it cannot reflect the many acts of kindness and support our volunteers and staff provide day in and day out. I recognize and applaud those achievements large and small with great pride, our reputation and credibility are anchored in your special efforts in the name of Muscular Dystrophy Canada.

Fire Fighters and Chapters have led the way again in our fundraising and “friend raising” activities. On the fundraising side they have collectively raised more than $3.3 million for MDC - FireFighters at over $2.4 million and Chapters at more than $900,000. Countless thousands of Canadians have been introduced to our mission through the community-based efforts of our Chapters, Families and Fire Fighters.

Our support of Research, Services for persons with neuromuscular disorders and Education continued as our major expenditures driven by our fundraising efforts: Services programs - $1.9 million, Education - $1.25 million and Research - $876,000. Through the Neuromuscular Research Partnership, and partnerships with the CIHR and the Stem Cell Network, our research investment was leveraged to a total of $2.48 million payable over the next three years.

In this report, I want to publicly recognize the efforts of Michelle Beveridge, our National Director of Finance and Administration, who managed her customary duties as well as serving as the Acting National Executive Director for a very significant period of the last fiscal year. Thank you Michelle for your devotion to our cause, you were the steady hand on the tiller in a time of need.

I am very pleased to officially welcome Catherine Sherrard as our new National Executive Director in this report. Catherine assumed her duties on April 2, 2007, and is working closely with chapters, fire fighters and staff in all Regions. She brings more than 25 years of service as a volunteer or staff member in the charitable sector to her new role; prior to joining Muscular Dystrophy Canada, Catherine served as Group Director of Marketing and Development at the Canadian Cancer Society.

To our many donors and supporters, I also offer our thanks and appreciation for your generosity of spirit and gifts of money and other important assistance - you are the engine of our operations in the fight against neuromuscular disorders.

I note with deep regret the passing of our founder, Dr. David Green on January 4, 2007. Dr. Green was the key leader in the formation of the Muscular Dystrophy Association of Canada in 1954; he served our cause in many leadership roles for more than 40 years. Dr. Green was an incredible man who inspired and assisted countless thousands of individuals and families touched by muscular dystrophy.
It has been a great honour and privilege for me to have had the opportunity to lead and to carry on Dr. Green's mission. I am most humbled to have been elected as the first Chair of the Board of Directors of Muscular Dystrophy Canada with a neuromuscular disorder. MDC has played an integral role in who I am today. The opportunity to give back, and to continue to give back to this organization will always be a highlight of my life. My passion and dedication to the cause and the mission of Muscular Dystrophy Canada will always be a part of who I am.

In closing, I would like to recognize the members of the Board of Directors and national committees for their personal support and wise counsel during my tenure as Chair of the Board; it was my great pleasure to work with you. Together, we have helped "move the needle" closer to our ultimate goal of effective therapies and cures for all neuromuscular disorders.

Kenneth M. Kramer
Chair of the Board of Directors

report of the national executive director

I am honored and very pleased to join Muscular Dystrophy Canada in the role of National Executive Director. In my relatively brief association with this organization I have been very impressed with the commitment and passion of the people who lead and support this organization - our volunteer and staff team.

Just as impressive are the long lists of generous individuals, businesses, foundations and associations who are donors and supporters of Muscular Dystrophy Canada. The outstanding results of their donations and voluntary service have very positively touched the lives of all Canadians with neuromuscular disorders.

With the hard work of volunteers and staff, the organization successfully met its goals in service delivery, funding research and fund development in 2006 - 07. That enviable record of achievement stretches back to our founding in September of 1954.

Congratulations to all who made last year such a success - my thanks also go out to those volunteers and staff who have preceded me; your contributions to our mission have built a strong and respected organization. An organization that will continue to seek the cures and effective therapies required while providing much needed services and hope for persons with neuromuscular disorders and their families.

I look forward to working with our volunteers, staff and stakeholders in the all-important campaign to make muscles move. Together we will overcome any obstacle in our path.

Catherine Sherrard
National Executive Director
remembering our founder | dr. david green

Muscular Dystrophy Canada was greatly saddened when we learned about the passing of Dr. David Green in January of this year at the age of 96.

Dr. Green's involvement with Muscular Dystrophy Canada was very personal. In the mid-1940s, Dr. Green's son Larry was diagnosed with Duchenne muscular dystrophy (DMD). Frustrated that no research was being done in Canada, Dr. Green founded Muscular Dystrophy Canada - then known as the Muscular Dystrophy Association of Canada - in 1954. With a mandate of service, education and research, the newly formed organization quickly began to raise funds. In 1955, research on neuromuscular disorders began in Canada thanks to funding from MDC.

Dr. Green worked tirelessly as a volunteer member and Chair of the Board of Directors of Muscular Dystrophy from the early 1950s through 1981 when he was appointed as Honorary President. Dr. Green served as Honorary President until 1995, an amazing and most productive tenure of more than 40 years in the fight against neuromuscular disorders.

Dr. Green, was an incredible man who inspired and assisted countless thousands of individuals and families touched by muscular dystrophy. We continue the fight against neuromuscular disorders true to the mission and goals established by our founder and inspired by his lifelong example of compassion and action.

At a special presentation at the 50th Anniversary celebration of Muscular Dystrophy Canada (from left to right): Dr. Jacques Tremblay; Elaine Markowitz (Dr. Green’s daughter); Dr. David Green; and Stephanie Markowitz (Dr. Green’s granddaughter).
treasurer’s report

I am pleased to report on the financial results of Muscular Dystrophy Canada (MDC) for the fiscal year ended March 31, 2007.

Muscular Dystrophy Canada continues to have a sound financial position. Total assets of MDC were $5.958 million at March 31, 2007 versus $5.526 million at March 31, 2006, representing an increase of $432,000.

Gross revenues increased from $7.982 million to $8.176 million, year over year, primarily due to additional revenues generated by Fire Fighters, Chapters and Direct mail.

Chapter revenues, excluding gaming sources, which are cyclical in nature, were $761,000 in fiscal 2007, versus $538,000 in fiscal 2006, representing an increase of $223,000, once again reflecting the extraordinary efforts of all our volunteers across the country.

Firefighter fund raising continues as our single most important revenue source growing to $2.446 million in fiscal year 2007 from $2.320 million in the previous year. This continues to be a remarkable demonstration of the commitment of Fire Fighters that has benefited people with neuromuscular disorders throughout our history.

On the expense side of the ledger, MDC had total expenditures of $8.124 million in fiscal 2007 versus $7.488 million in fiscal year 2006 and a total surplus of $51,942, versus last year's surplus of $494,173. We are pleased to report that we have met our benchmark of three months of unrestricted operating reserves, in hand at March 31, 2007.

Total charitable programs increased year over year from $3.959 million in fiscal 2006 to $4.285 million in fiscal 2007. Research grants increased by $182,000 over last year and direct Services increased by $83,000 over last year.

Total fundraising and administration expenditures increased year over year by $224,000, as we continue to measure the efficiency, effectiveness and return on investments and focus in those areas.

I would like to take this opportunity to thank the members of the Finance and Audit Sub-Committee who gave their time and support to Muscular Dystrophy Canada and those we serve.

Submitted by Brian Keller, Treasurer and Vice-Chair of the Board of Directors and Chair of the Finance & Audit Sub-Committee
financial summary
year ended march 31, 2007, with comparative figures for 2006

Statement of Operations

Revenues:

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>General campaign and donations</td>
<td>$7,395,408</td>
<td>$7,019,975</td>
</tr>
<tr>
<td>Direct costs</td>
<td>(810,710)</td>
<td>(701,359)</td>
</tr>
<tr>
<td></td>
<td>6,584,698</td>
<td>6,318,616</td>
</tr>
<tr>
<td>Legacies</td>
<td>396,100</td>
<td>439,707</td>
</tr>
<tr>
<td>Investments and sundry income</td>
<td>199,164</td>
<td>149,242</td>
</tr>
<tr>
<td>Net unrealized gain on investments</td>
<td>65,954</td>
<td>203,021</td>
</tr>
<tr>
<td>Government grants</td>
<td>119,149</td>
<td>169,846</td>
</tr>
<tr>
<td><strong>Total Revenues</strong></td>
<td><strong>7,365,065</strong></td>
<td><strong>7,280,432</strong></td>
</tr>
</tbody>
</table>

Expenditures:

Programs and Services:

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research programs</td>
<td>876,009</td>
<td>694,320</td>
</tr>
<tr>
<td>Services</td>
<td>1,877,786</td>
<td>1,795,326</td>
</tr>
<tr>
<td>Education and information services</td>
<td>1,255,089</td>
<td>1,210,511</td>
</tr>
<tr>
<td>Other programs</td>
<td>276,575</td>
<td>258,620</td>
</tr>
<tr>
<td></td>
<td>4,285,459</td>
<td>3,958,777</td>
</tr>
<tr>
<td>Fundraising</td>
<td>1,991,508</td>
<td>1,895,032</td>
</tr>
<tr>
<td>Administration</td>
<td>938,191</td>
<td>810,333</td>
</tr>
<tr>
<td>Amortization of capital assets</td>
<td>97,965</td>
<td>122,117</td>
</tr>
<tr>
<td><strong>Total Expenditures</strong></td>
<td><strong>7,313,123</strong></td>
<td><strong>6,786,259</strong></td>
</tr>
</tbody>
</table>

Excess of revenues over expenditures $51,942 $494,173

Revenue by Source (2007)

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundations &amp; Corporations</td>
<td>6%</td>
</tr>
<tr>
<td>Investments</td>
<td>3%</td>
</tr>
<tr>
<td>Special Events</td>
<td>21%</td>
</tr>
<tr>
<td>Chapters</td>
<td>11%</td>
</tr>
<tr>
<td>Legacies</td>
<td>5%</td>
</tr>
<tr>
<td>Workplace Giving</td>
<td>3%</td>
</tr>
<tr>
<td>Government</td>
<td>1%</td>
</tr>
<tr>
<td>Direct Mail</td>
<td>10%</td>
</tr>
<tr>
<td>Other</td>
<td>10%</td>
</tr>
</tbody>
</table>

Use of Funds (2007)

<table>
<thead>
<tr>
<th>Use</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amortization</td>
<td>1%</td>
</tr>
<tr>
<td>Other Programs</td>
<td>4%</td>
</tr>
<tr>
<td>Research</td>
<td>12%</td>
</tr>
<tr>
<td>Administration</td>
<td>13%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>27%</td>
</tr>
<tr>
<td>Education</td>
<td>17%</td>
</tr>
<tr>
<td>Services</td>
<td>26%</td>
</tr>
</tbody>
</table>
financial summary
year ended march 31, 2007, with comparative figures for 2006

Condensed Statement of Financial Position

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Assets</td>
<td>$5,958,324</td>
<td>$5,526,161</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>$1,720,704</td>
<td>$1,458,368</td>
</tr>
<tr>
<td><strong>Deferred contributions:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neuromuscular Research</td>
<td>718,069</td>
<td>706,642</td>
</tr>
<tr>
<td>Services</td>
<td>554,943</td>
<td>507,553</td>
</tr>
<tr>
<td>Education</td>
<td>238,751</td>
<td>228,914</td>
</tr>
<tr>
<td>British Columbia Gaming</td>
<td>405,608</td>
<td>356,477</td>
</tr>
<tr>
<td><strong>Total deferred contributions</strong></td>
<td>$1,917,371</td>
<td>$1,799,586</td>
</tr>
<tr>
<td><strong>Net assets:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restricted for endowment purposes</td>
<td>666,462</td>
<td>655,924</td>
</tr>
<tr>
<td>Invested in capital assets</td>
<td>146,749</td>
<td>194,820</td>
</tr>
<tr>
<td>Unrestricted</td>
<td>1,507,038</td>
<td>1,417,463</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td>$2,320,249</td>
<td>$2,268,207</td>
</tr>
</tbody>
</table>

Disclosure in Compliance with the Imagine Canada Ethical Fundraising and Financial Accountability Code

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total fundraising revenues</td>
<td>$7,395,408</td>
<td>$7,019,975</td>
</tr>
<tr>
<td>Total directs costs and fundraising expenses</td>
<td>$2,802,218</td>
<td>$2,596,391</td>
</tr>
<tr>
<td>Total donations receipted for tax purposes</td>
<td>$3,353,298</td>
<td>$3,125,718</td>
</tr>
<tr>
<td>Total expenditures on charitable activities</td>
<td>$4,285,459</td>
<td>$3,958,777</td>
</tr>
</tbody>
</table>

Complete audited financial statements available upon request
Muscular Dystrophy Canada provides a number of services to people registered with our organization, including: Information and Education, Equipment, Peer Support, Referral and Social Action. The provision of information to people registered with us, their families, community professionals, and the general public is a key priority for MDC. We focus on more than 100 neuromuscular disorders under our umbrella and related issues.

During 2006 - 07 MDC spent $1.9 million for Services Programs, Educational materials and programs and Advocacy received $1.25 million. The combined total represents 43% of our total expenditures.

Information is available in the form of disorder-specific information sheets, research updates, and brochures. An extensive and dynamic website (www.muscle.ca) provides access to electronic copies of all of our publications, plus newsmagazine Connections available in both French and English. The magazine features information on a variety of neuromuscular disorders as well as related topics such as research, genetics, parenting and quality of life. Regional offices may also keep people registered in their area up-to-date through regional newsletters.

The Community Services Committee concentrated their efforts on identifying and producing several pieces of educational material this year:

- An information sheet for Support Groups
- An information sheet for MDC Volunteers Attending Neuromuscular Clinics
- An information sheet on Pediatric Neuromuscular Clinics
- An information sheet on Adult Neuromuscular Clinics
- Five medical alert cards for: Duchenne muscular dystrophy, Spinal Muscular Atrophy, Facioscapulohumeral muscular dystrophy (FSHD), Myotonic dystrophy and one Generic card

- The MDC Services section of the website is under review by the committee; an updated and revamped website will be launched later this year. The website is an important and informative resource tool for all interested in, or affected, by neuromuscular disorders.

Muscular Dystrophy Canada engages in social action to ensure that persons with neuromuscular disorders can participate fully in all aspects of daily living. It aims to do this by working with other organizations to bring about policy changes in provincial and federal governments and providing volunteers in local Chapters and communities with the tools they need to participate in local and community advocacy efforts.

During 2006 - 07, the Social Action Committee continued their efforts to convince the federal and provincial governments that consistent minimum standards of equipment funding must be established for all Canadians in need. In the year ahead we will continue to work with like-minded health charities to advocate for this essential change with federal and provincial Ministers of Health and Finance.

Persons, who wish to receive more information about one or more of the neuromuscular disorders under the Muscular Dystrophy Canada service umbrella, or about the organization itself, may contact the nearest regional office (see listing of regional and community offices on page 26). Service staff can provide general information in response to your needs, or help you in registering with Muscular Dystrophy Canada to receive direct services.

Interested persons or parents of children with a
Monies raised through fundraising by Harley Owner's Groups (HOGs) and other sources provide the needed funding for education, services and advocacy.

A neuromuscular disorder can obtain a registration form from our regional offices or online through Muscular Dystrophy Canada's website (www.muscle.ca). There is no cost to register, and the information provided is always kept confidential.

Muscular Dystrophy Canada encourages anyone with a confirmed diagnosis of a neuromuscular disorder to register. Each newly registered individual will help to strengthen Muscular Dystrophy Canada's voice - a voice that works to represent the needs of all people living with neuromuscular disorders at community, regional and national levels.
Neuromuscular research was a driving reason for the formation of our organization in 1954. At that time little research was being done in Canada or elsewhere in the world, and our Founder Dr. David Green believed that research was absolutely essential to our charitable mission. Today, our neuromuscular research program is based in partnerships with other organizations and individuals; allowing Muscular Dystrophy Canada to leverage higher investments in neuromuscular research than we could afford acting independently. The following listings highlights our Partners and the specific research projects we have funded together in fiscal 2006 - 07 and beyond.

Thank you to all of our donors. Without your generosity, none of this research would be possible.

Muscular Dystrophy Canada’s Neuromuscular Research Partnership Grants 2006 - 2007

The Neuromuscular Research Partnership (NRP) is a result of an agreement between the ALS Society of Canada, Muscular Dystrophy Canada (MDC) and the Canadian Institutes of Health Research (CIHR). Collectively in 2006 - 2007, the partners committed over $2.48 million towards research aimed at identifying the causes, treatments and an eventual cure for neuromuscular disorders. We are pleased to include a listing of the results of the seventh NRP competition.

**Dr. Salvatore T. Carbonetto**
McGill University, Neurology Department
Co-Investigator: Dr. Yong Rao
Dystroglycan function and dysfunction in the fly CNS
$76,145 (2006 through 2007)
Understanding how dystroglycan operates in the nervous system will be important in developing strategies to help mitigate the impact of mutations that affect dystroglycan function in the brain, leading to cognitive problems associated with dystroglycan mediated muscle diseases.

**Dr. Milton P. Charlton**
University of Toronto
Analysis of transmitter release mechanisms
$156,834 (2006 through 2007)
Studies into the mechanisms of this presynaptic differentiation may allow future development of therapeutics that can be selectively aimed at synaptic enhancement, thereby allowing for faster recovery from injury to muscles.

**Dr. Heather D. Durham**
McGill University
The role of protein chaperones and proteasome-mediated proteolysis in the pathogenesis of motor neuron diseases
$133,077 (2006 through 2007)
The hypothesis is that the protein chaperoning and ubiquitin/proteasome systems play an important role in regulating the assembly, and maintaining the stability, of neurofilament networks. If HSPs are important in the integrity of these neurofilament networks, then an increase in the activity (upregulation) of HSPs may protect neurons from disease mechanisms.

**Dr. Margaret Fahnestock**
McMaster University
Co-Investigators: Dr. James Bain and Dr. Jan Batt
Mechanism of sensory protection of denervated muscle
$149,033 (2006 through 2007)
Such factors are potential targets for therapeutic intervention. This work also will advance the clinical use of sensory protection for the treatment of prolonged muscle denervation due to injury or disease.

**Dr. Renald Gilbert**
McGill University
Co-Investigator: Dr. Bernard Massie
Development of an integrating adenoviral vector for gene therapy of Duchenne muscular dystrophy
$278,784 (2006 through 2009)
The experiments should lead in the development of an invaluable vector that may be used for treating DMD using a cell and/or gene therapy approach. For both types of experiments (gene and cell therapy) duration of dystrophin expression and beneficial effects will be evaluated.

**Dr. Elizabeth Meiering**  
University of Waterloo  
Molecular therapies for dystrophin deficiency  
$281,304 (2006 through 2009)  
Such knowledge is critical for understanding and ultimately intervening to ameliorate the effects of abnormal protein aggregation in ALS.

**Dr. Janis Robertson**  
University of Toronto  
Peripherin abnormalities in amyotrophic lateral sclerosis  
$350,306 (2006 through 2009)  
This research will further characterize and describe peripherin forms and their creation as a means to understanding the mechanisms that cause ALS.

**Dr. Michael A. Rudnicki**  
Ottawa Health Research Institute  
Satellite stem cells from skeletal muscle for the treatment of neuromuscular disease  
$470,554 (2006 through 2011)  
This research should provide important new information into the biology of muscle regeneration and open new avenues for therapeutic intervention for the treatment of neuromuscular disease.

**Dr. Jacques P. Tremblay**  
Laval University  
Development of immunological tolerance in monkeys for therapy for muscular dystrophies based on cell transplantation  
$386,338 (2006 through 2009)  
This protocol to induce immunological tolerance may also be applied to permit the successful transplantation of other types of cells and of organs.

**Stem Cell Network**  
In addition to working with the Neuromuscular Research Partnership, Muscular Dystrophy Canada also funds other leading research. The following two grants were made possible through our partnership with the Stem Cell Network, providing funding for two Ph.D. studentships.

**Mr. Michael Long**  
(PhD studentship under Dr. Fabio Rossi)  
Biomedical Research Centre, University of British Columbia  
Enhancement of the specificity and efficiency of macrophage-fusion-mediated cell therapy of skeletal myopathies.  
$44,000 (2006 through 2008)

**Mr. Feodor Price**  
(PhD studentship under Dr. Michael Rudnicki)  
Ottawa Health Research Institute  
Isolation and analysis of embryonic stem cell derived skeletal muscle progenitors.  
$44,000 (2006 through 2008)

**The Rachel Fund**  
Muscular Dystrophy Canada was proud to announce the first award granted by The Rachel Fund. The Rachel Fund, formed in 2005 as a partnership of MDC, the Canadian Institutes of Health Research - Institute of Musculoskeletal Health and Arthritis and a single benefactor, Mr. Al Libfeld, is dedicated to the advancement of research on myotonic dystrophy.

**Dr. Mani S. Mahadevan**  
University of Virginia  
The research focuses on the developmental aspects of RNA (ribonucleic acid) toxicity that lead to congenital myotonic dystrophy type 1. The long-term goal is to understand the molecular mechanisms underlying myotonic dystrophy and the establishment of model systems with which new appropriate therapeutic intervention could be developed and studied.  
$239,756 (2006 through 2008)

**Ongoing Research**  
In addition to the new grants listed above, nineteen (19) ongoing research projects awarded in earlier competitions continued through 2006 - 07. Fourteen (14) of those projects will complete their funding cycle in 2007.
our donors | named gifts

REALIZED BEQUESTS

Sylvia Addeleen McCracken  Martha Elizabeth Jackson  Christina Roger Smith
Edna Mary Turnbull  Alan George Brighton  Louella Ada Beese
Herbert Nadolny  Barbara Edna Broadbent  Norma Lilian Dupont Cloutier
Mary Jessie Brackley  Dorothy Louise Koebel  Roslyn Ruth Moscovitch
Evelyn B. Carriere  Edward Ryan
Elizabeth Alice Hutcheson  Marguerite Lamonde

NAMED FUNDS

Fonds Arsacs
Dr. Bonnie Sawatzky Scholarship Fund  Dr. B. Sawatsky
Fonds Sylvie Seguin  Sylvie Seguin
Friends of Fraser Earle Fund  Fraser Earle
Friends of Garrett Fund  James and Deborah Cumming
FSHD Fund  Anne Harland and Lori Edwards
Ilsa Mae Fund  Joe Chowaniec
Fonds Jessica Chami  Jeannine Chouéri
Lawrie Goldlist Memorial Fund  Rodeen Stein and family
Rachel Fund  Al Libfeld
Fonds René Duchesne  Ruth Duchesne
Theodore S. Wise Research Campaign  Theodore S. Wise

CREATED BY

ENDOWED FUNDS

Bernstein Family Health Research Fund  Issie Bernstein
Estate of Edna Gordon  Edna Gordon
F.W. Drummond Fund  Florence Winnifred Drummond
Kit Davison Fund  Kit and Douglas Davison
Mary Ann Wickham Fund  Mary Ann Wickham
### Special Events – $100,000+
- Gala de Québec
- Gala Kevin Harrison
- Shad’s R & R

### Special Events – $25,000 - $99,999
- Kamloops Harley Owner’s Group
- Moose & Goose Club
- Nearly the New Year Gala of Hope
- Norm Meldrum Charitable Foundation NMDF
- Robbie International Soccer Tournament
- Tirage KIA

### Special Events – $10,000 - $24,999
- Allan Markin
- Cyclothon Relais 24 heures
- Jacques Desmeules
- Défi Gratte-Ciel Montréal
- Edmonton Oilers Community Foundation
- H.O.G. Vancouver Island Chapter c/o Steve Drane Harley-Davidson
- ICR Charity Classic Golf Tournament
- Lions Den Pub
- Mount Stewart PEI Softball Tournament
- Muscle Run - Northern BC Chapter
- Programme Répit Aventure Praq (Lynn Potvin)
- Running Room LTD.
- Tour cycliste Frédérick Duguay
- Tournoi de golf Karl Palin
- Tournoi de golf Lallier-Honda Repentigny
- Trehaven Muscular Dystrophy Community Charity Golf Tournament
- Vauxhall Elementary School
- Walk for Lysa - Fraser Valley Chapter
- Walter Sedlbauer Cougar Classic Golf Tournament

### Special Events – $5,000 - $9,999
- 7-Eleven Canada Inc.
- Barrhaven Lions Club Labour Day Fun Day

### Special Events - $1,000 - $4,999
- 7-Eleven Canada Inc.
- Avalon Children's Montessori School
- Beamsville Co-operative Nursery School
- Bonnieville Refrgeration
- Boxwood Public School
- Brampton Christian School
- Brampton Georgetown Montessori School
- Bridgewater Day Care Centre
- British Columbia Human Resources Management Association
- Buzz for Ben
- C. P. E. Académie Des Merveilles
- C. P. E. Palachou Milieu Familiale Garderie Do Do
- C.M.L. Snider Public School’s Silent Auction
- C.P.E. Chez Ma Tante
- C.P.E. General Vanier Elementary School
- Cardel Homes
- Cardinal Newman Catholic School
- Carrefour du Rock St-Constant
- Catamount Park Ltd.
- Charlemagne Nursery School
- City View Centre for Child & Family Services
- Co-Ed Volleyball of NS
- Creative Kids Daycare
- Cycle North Enterprises Ltd.
- Daydreams Childcare Center

Muscular Dystrophy Canada recognizes the hard work of our Chapter members, whose special events do not appear in this list.
our donors | special events

Mount Forest Day Care and Learning Centre
Ms. Miriam Nursery School
MUNSU-MUN Childcare Centre
Nancy E. Cumming
Nelephant Montessori School
New Hamburg Community Day Care Centre
New Horizon's Junior School
New Prospect Public School
Nipissing HOG Chapter's Chris and Carlo Dice Ride for MDC
Northwood Academy - Centre Street
Northwood Academy - Finch Avenue
O'Reilly's Irish Pub
Parkcrest Child Care Society
Peter Rabbit Preschool
Playschool Inc.
Pope & Talbot Ltd.
Prairie Rose Elementary School; Winnipeg School Division
Precious Jewels Day Care Centre Inc.
Pumpkin House Daycare
Queens Montessori Academy
Randonnée Familiale Loblaws (St-Sauveur)
Rosslyn Sobeys
Saint John Sea Dogs
Shearwater Children's Centre
Sister Catherine Donnelly Catholic School
Small Blessings Early Childhood Development Center
Southern MB Chapter Car Show
Southern MB Chapter Social
Southview Kiddie Kampus
St. Paul's Playschool
St. Jude School
St. Thomas A Becket Church Nursery School
St. Thomas the Apostle Nursery
Stanton Levangie
Step By Step Child Care Centre
Stew's Buffing & Polishing
Stratford Kindergarten & After School Program
Sudbury's Ryan's Run for Muscular Dystrophy
Sunflower Academy Montessori School
Sunshine & Rainbows Christian Day Care Centre
Syndicat Des Métallos
Teke In a Box
The Learning Corner Childcare Centre/Salvation Army
The Lower Deck Beer Market
The Ron Buckley Memorial Golf Tournament
Three Mile Steakhouse & Pub
Tiny Tots Kindergarten
Town's Little Children Centre
Trafalgar Ridge Montessori School
Walmart
Walnut Grove Family Daycare Group
West Oakville Preschool Centre
Winter Wonderland
Woodgreen Community Center
Woody's Taphouse - Country Hills

Shad’s R & R Drives Over $3,000,000 In 2006

Since 1974, Muscular Dystrophy Canada has been privileged to be associated with Shad’s R&R Annual Golf Tournament. In celebration of $3,000,000 in accumulated donations to support people with neuromuscular disorders, we would like to thank the following companies for participating in Shad's R&R during this landmark year.

1120423 Ontario Ltd., dba Comda, The Calendar People
Affinia Canada Corp.
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Dayco Canada Corp.
East Penn Manufacturing Canada
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Fenwick Automotive Products
Gabriel Ride Control
Gates Canada Inc.
Goodyear Canada Inc.
Goss Industries
Grant Brothers Sales Ltd.
Grote Industries Canada
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Kleen-Flo Tumbler Industries Ltd.
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NGK Spark Plugs Canada Ltd.
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PPG Canada
Publications Rousseau et Associés Inc.
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Replacement Parts Depot Ltd.
Robert Bosch Inc
Sherwin Williams Automotive
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Tenneco Automotive
The John Brouwer Foundation
Valvoline Canada
Vast Auto Distribution Ontario Ltd. (Auto Value)
Walmart
Wakefield Canada Ltd.
our donors | the nucleus

The Nucleus recognizes individuals and families that make gifts of $1,000 or more and organizations that make gifts of $5,000 or more to Muscular Dystrophy Canada in a calendar year.

Individual - $25,000 - $99,999
Jim and Fiona Green

Individual - $10,000 - $24,999
Lloyd Lawrence
Reta Meisner

Individual - $5,000 - $9,999
Nicolas Blouin
Nancy E. Cumming
Nancy Leader-Guggisberg
Margaret I. Smith

Individual - $1,000 - $4,999
Joanne Almquist
Kim Anderson
Tyler Banks
Kathleen Ann Beckstead
Lili Boies
André Boutin
Clifton Bryant
Thomas G. Bryant
Jo-ann Burton & Kerry Genest
Michel Chalifoux
Alan Clapp
Nicolas Claveau
Robert Clune
Laura Cole
Éric Côté
Gerald Crotty
Kit and Doug Davison
Guy Desjardins
Ruth Duchesne
Serge Dufour
D.W. Evans
Joseph Franchomme
Coleman Friedman
Réal Gagnon
Donna Gallagher Dowsett
Mary C. Gibson
Francis Giroux
Kristy Godin
Mark and Kathy Godin
Anne Harland
Frances Hayter
George W. Henderson
Norman M. Henderson
Jean-Guy Hubert
Malcolm and Janice Hunter
André Huppé
Dr. Steven & Mrs. Carol Kazman and Family
Brian Keller
Suraiya Khan
Ken M. Kramer and Cora L. Lacuadra
Succession Germaine Laganière
James Langdon
Pierre L'Espérance
Yvon Lévesque
Al J. Libfeld
Sean Loucks
Murray Lynn
Jack MacDonald
The Marple Family
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Christine McDermott
Lucy Meti
Valentine H. Mody
Ronald Nicol
Christopher Peirce
Alain Pelchat
Oretta Rifkin
Mrs. Shirley A. Russell
Brian Samuel
Fernand Richard Servant
Jeffrey W. Sparks
Judith Spink
Gordon Thiessen
Kenneth R. Thompson
Stephane Tremblay
Wil Verheyen
Marie-Claude Viau
Alberto Villasenor
our donors | the nucleus

The Nucleus recognizes individuals and families that make gifts of $1,000 or more and organizations that make gifts of $5,000 or more to Muscular Dystrophy Canada in a calendar year.

Organizations - $25,000 - $99,999
Alberta Lottery Fund
Banque Nationale du Canada
Caisse de dépôt et placement du Québec
Fédération des caisses Desjardins du Québec
Human Resources Development NB - Fredericton
Mr. & Mrs. P. A. Woodward's Foundation
RBC Foundation
The Calgary Foundation
Victoria Foundation - Emily Elizabeth Stoneham Fund

Organizations - $5,000 - $9,999
Analysis Psychologie Organisationnelle
Borden Ladner Gervais s.r.l.
Bryan & Company Friends of Garrett
Caisse Populaire Desjardins D'Arvida-Kénogami
Canada's Research-Based Pharmaceutical Companies
Cascades Canada Inc
Chaud (Show) Communications
Comptables Agrées du Saguenay Lac-St-Jean
Coramh
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Harding Medical Supplies
La Chorale du C.R.D.A. - Alcan
La Maison Alcan
Le Leadership des franchisés de McDonald's
Les Filles d'Isabelle du Saguenay Lac-St-Jean

Organizations - $10,000 - $24,999
Air Canada
Bell Canada
CGI
Environmental Services Association of Alberta
Herskind Family Fund at the Calgary Foundation
Hydro-Québec
J.P. Bickell Foundation
La Fondation pour les Enfants le Choix du Président
Le Devoir
Manitoba Community Services Council, Inc.
Power Corporation du Canada
SAQ
The George and Kay Goldlist Foundation

MAAX Canada Inc.
Meridian Credit Union Limited
Nortel
Province of Nova Scotia, Department of Finance
Rogers Group Of Companies
Samson, Bélair, Deloitte & Touche
Solotech
Standard Life
The Bear Children's Fund
The Grocery Foundation of Atlantic Canada
The Ottawa Congress Centre
The Winnipeg Foundation
Uwanishen Health and Wellness Fund at the Calgary Foundation
Vancouver Sun Children's Fund
Vincelli Communications
Westminster Savings Foundation
World Automotive Warehouse
Zeller Family Foundation
our chapters | our heart

We all know what Muscular Dystrophy Canada is. We are a 53-year old, non-profit organization whose mission it is to support the independence of Canadians with neuromuscular disorders. We fund research and work as advocates for social change.

But, do you know who Muscular Dystrophy Canada is?

Our organization wears many faces. It is the staff members who answer the phones in our national, regional, and community offices. It is the people in accounting who do the checks and balances of the donations received. It is the volunteers who sit on our Board of Directors or help in our offices.

It is also the individuals and families in communities who volunteer their time and talents in chapters.

MDC chapter members give the frontline support and provide the human face while raising awareness about muscular dystrophy. Chapters work directly with fire fighters while spearheading and organizing community events. Chapter members provide the personal testimony of how muscular dystrophy has affected their lives to classrooms of students.

Where chapters aren't yet established, a chapter member can reach out and connect by phone or email with other individuals affected by neuromuscular disorders from Taloyoak, Nunavut, to Windsor, O.N.; from Queen Charlotte, B.C., to Battle Harbour, Nfld. - and everywhere in between - through MDC programs such as the Peer Support Program.

Chapters are an invaluable part of Muscular Dystrophy Canada. For all they do and all they accomplish, we are very grateful!

The top three fundraising Chapters are listed on page 25.

Douglas Elton (seated), family and friends participate in the Atlantic Rally for Muscular Dystrophy.
When volunteer fire fighter Kenny Arsenault began participating in boot drives to raise money for Muscular Dystrophy years ago, he had no idea that his son would one day be one of the people who benefited from the fundraisers.

Daniel Arsenault, now seven, was just five years old when his mother, Lynn, took him to the doctor, worried that he was exhibiting signs of diabetes, a disease that runs rampant in her family. Blood tests turned up "complete abnormalities." Lynn and Kenny brought Daniel to Halifax, where it took three specialists to figure out what was wrong. The results were devastating: Daniel was diagnosed with Duchenne muscular dystrophy.

Normally, it's an inherited neuromuscular disorder that is passed on through the mother's genes, however, genetic tests showed that the Arsenault's weren't carriers of the disease - it was a mutation in the Dystrophin gene that caused it. That was little consolation for this family. The news set the Arsenault family spinning.

"I couldn't believe it," Kenny said, shaking his head. "I did muscular dystrophy fundraising, way before he was born. I'd learned all about muscular dystrophy through the firefighters. When I found out, I was shocked. All the years I've been firefighting and family members have been firefighting and raising money for muscular dystrophy - you know where it's going now." And it was the fraternity of the firefighters he turned to for support.

"The firefighters are there. If I need to talk to them, they're there. They're only a phone call away if there's anything I need," Kenny said. Daniel has helped many firefighters in Pictou County understand just what muscular dystrophy is all about. "He's the face of muscular dystrophy for them," he said. "If there's anything involved with muscular dystrophy, they're involved."

And the littlest Arsenault is just as fascinated with the fire service. He loves nothing more than to play with firefighting toys, or take a trip to the Little Harbour fire hall with his dad. If the drivers of the New Glasgow department spot him, they're quick to offer him a ride. "He wants to be a firefighter like his dad; it's in his blood. His uncle is a firefighter in Charlottetown, his grandfather was the chief of the Louisdale department in Cape Breton, and his great-grandfather and great-great-grandfather were chiefs in Sydney Mines. "It's a family thing," jokes Kenny.

Daniel is doing quite well at the moment. He's on an experimental medication from England that leaves him tired and lethargic late in the day, and puts him at an increased risk of severe bone breaks for children on the drug. The family is taking things one day at a time in the meantime and focusing on raising as much money as they can for Muscular Dystrophy Canada.

"Daniel has opened my eyes to so much," Kenny said, glancing at his son. "I push myself to go above and beyond what I should be selling in tickets to raise money. I push myself to raise as much money as I can for muscular dystrophy through the firefighters."

— Written by Jennifer Vardy Little; reprinted from Focus, with permission.

Father and son: Kenny and Daniel Arsenault.
Matthew Skretting is a man on a mission and he is determined not to let living with Duchenne muscular dystrophy keep him from following his dreams.

Eighteen year old, Matthew is in his senior year at Vauxhall High School in the small town of Vauxhall in southeastern Alberta. In the fall he plans to attend the University of Lethbridge taking a degree in geographical information sciences and computer science.

Matthew also intends to pursue a career in photography. "Photography is my first love and I get behind the camera every chance I get," says Matthew. With an eye to landscapes, architecture and capturing rural life, Matthew has sold his work to Travel Alberta as well as to many others through the Internet. He is hopeful that others will appreciate and love his view of the world through the lens too.

As a wheelchair user, Matthew does face challenges to get the best photograph. "The weight of the camera is somewhat of an issue. Transportation and not being able to get to certain places to get the best photo is an issue too," says Matthew. "Currently, I hand-hold my camera, but I own a tripod that mounts on my wheelchair. I anticipate that in the future I will likely need it. I use it for night shots right now."

Like all young people, making the transition to University life can be hard. For Matthew, it means that a few other concerns must be addressed. "I plan on hiring a caregiver for my daily needs," says Matthew. "Finances, of course, are always a concern."

Matthew is living proof that we all have gifts to give! "I believe that everyone with a disability can achieve their goals no matter how hard they may be to reach." He is an inspiration to all as he continually rises above his disabilities to let his true abilities shine!

For more information about Matthew's work, go to www.mattskrettingphotography.com.
our fire fighters | our safety net

What does it take to be a fire fighter? It takes courage. It takes determination. Above all, it takes passion. Passion to be on the front line in front of a raging fire. Passion to rescue those in need. This passion makes them heroes.

Fire fighters bring that passion to Muscular Dystrophy Canada too. They are our heroes. No other group has done as much over their 53-year history with MDC as fire fighters have.

Through the efforts of departments and individual fire fighters, tens of thousands of Canadians who are affected by neuromuscular disorders have benefited from the fundraising they do.

Their passion takes many forms.

Edmonton fire fighters camped out on the rooftop of the West Edmonton Mall until their fundraising goal was reached. Members of the Glencoe fire department helped to carve out the world’s largest maze from a cornfield that served as a fun recreational and educational attraction in Southwest Ontario benefiting MDC. Fire fighters in Quebec cycled for two days through picturesque small towns and countryside in support of MDC. Fire fighters across the country have participated in Buck-for-Luck, rallies, walks and many other fundraising events and education opportunities for MDC.

Because of them, we can continue to meet our goals. We can continue to provide services and equipment; we can continue to fund meaningful and leading research; and we can continue to teach about and raise awareness of the effects of muscular dystrophy.

With the support of fire fighters, Canadians with neuromuscular disorders can continue to lead independent lives and reach their own goals.

From the bottom of our heart, we thank you! Thank you very much!

The top three fundraising Fire Departments are listed on page 25.
the muscle and chrome neighbourhood

This year we celebrate the 19-year partnership between Harley-Davidson® Motorcycles and Muscular Dystrophy Canada, it is one of our longest and strongest relationships that provides much joy to many Harley riders and our families and tremendous fundraising and awareness opportunities for MDC.

In Canada, Harley-Davidson is Deeley Harley-Davidson, the sole distributor of H-D products from coast to coast to coast. Deeley Harley-Davidson Canada is an extended family made up of Harley-Davidson dealers and motorcycle riders who form organizations known as Harley-Davidson Owners Groups (HOGs for short) and, the Staff of Deeley Harley-Davidson. All of the H-D family members are committed to persons with neuromuscular disorders and fundraising for Muscular Dystrophy Canada.

That 'H-D family' has been one of our most generous supporters. Since 1988, the Harley-Davidson family have donated more than $2.97 million to Muscular Dystrophy Canada! Those funds were generated by corporate gifts, staff gifts, major special events such as: the 100th Anniversary Open Road Tour, HOG Chapter events, Provincial and National HOG Rides, and the sale of special Harley-Davidson branded products by Dealers.

Muscular Dystrophy Canada is most fortunate to count Deeley Harley-Davidson Canada as a partner and supporter. We thank all in the Harley-Davidson family for their caring support and investments in our work, you have truly helped make muscles move.
Walk for Muscular Dystrophy | our new signature event

Muscular Dystrophy Canada is proud to announce the formation of our first national signature event - Walk for Muscular Dystrophy/Dystro-marche! 2007 will see 15 events under the Walk for MD banner taking place in the Atlantic, Quebec and Ontario/Nunavut Regions. Walk for Muscular Dystrophy/Dystro-marche has been built on the foundation of the many existing Chapter-organized Walks and Rallies that have been held over the last 10 years.

Also new for 2007 is the on-line resource tool developed for the Walk for Muscular Dystrophy events. Participants and teams are able to create homepages; contact friends, family and colleagues to request sponsorship; and track donations as they reach their personally-set goal. Muscular Dystrophy Canada aims to raise a minimum of $200,000 through Walk for Muscular Dystrophy events this year.

Corporate sponsorship is proving generous. The Grocery Foundation of Atlantic Canada is the presenting sponsor for the Atlantic Region. Also supporting the Atlantic Walks are WestJet, The Printer and MBS Radio. GoodLife Fitness and Grand & Toy are supporting the Ontario/Nunavut Region's events. In addition to the Regional sponsors, local sponsors are helping to support Walks in Halifax, Ottawa and Jonquière, PQ.

You are invited to go visit: www.muscle.ca/WalkForMD to find out more about Walk for Muscular Dystrophy. By following the links, you too can participate in a Walk event or support an individual or team – tell us why you are walking for Muscular Dystrophy, and please encourage others to join in too.

We are very excited about this new venture and look forward to sharing the results with you in next year’s Annual Report.

*Walk for Muscular Dystrophy* builds on the successes of the many walk and rolls, rallies and marches that have been held for years.
2007 national award recipients

Each year, Muscular Dystrophy Canada highlights a small handful of people and groups who have done outstanding work for the organization or who have otherwise represented us above and beyond the call of duty. Chapters and staff put forward names and our Governance and Mandate Committee and Board reviews many amazing applications. These awards are presented to individuals and a Fire Department who have done extraordinary work in fundraising, advocacy, service, and creating awareness about neuromuscular disorders. We are pleased to present the 2006 - 2007 winners.

The Mary Ann Wickham Award
Joann Babineau; Stony Plain, AB
Presented to a Muscular Dystrophy Canada volunteer who has made an outstanding contribution during the past year in fundraising, public relations, services and/or advocacy work.

The Michel Louvain Award
Dan Burgess; Toronto, ON
Presented to an individual with a neuromuscular disorder who has made an outstanding contribution to Muscular Dystrophy Canada in fundraising, public relations and/or advocacy work.

The Chapter of the Year Award
Saguenay/Lac Saint-Jean Chapter; Jonquière, QC
Presented to a MDC Chapter that has demonstrated excellence during the past year in any or all of the following areas: fundraising, public relations, education, chapter development and advocacy work.

Fire Fighter of the Year
Paul McGonigal; Edmonton, AB
Presented to a Fire Fighter who has demonstrated overall excellence throughout the past fiscal year in the areas of public awareness, education, fundraising and volunteer recruitment.

Fire Department of the Year
Kennebecasis Valley Fire Department; Rostheysay, NB
Presented to a Fire Department that has demonstrated overall excellence throughout the past year in fundraising, public relations, services and/or advocacy work.

The top three fundraising Fire Departments, by region:

Atlantic Canada
Westphal Cole Harbour Fire Fighters Association
Amherst Fire Fighters Association
Saint John Fire Fighters Association, IAFF Local 771

Ontario and Nunavut
Barrie Professional Fire Fighters Association, Local 1753
Oshawa Professional Fire Fighters Association, Local 465
Ottawa Fire Fighters Service District #9

Québec
Québec City Fire Department
Sherbrooke Fire Department
Longueuil Fire Department

Western Canada
Edmonton Fire Fighter Department, IAFF Local 209
Smithers Fire Department
Delta Fire Fighters, IAFF Local 1763

The top three fundraising Chapters, by region:

Atlantic Canada
Central New Brunswick Chapter
Southeastern New Brunswick Mighty Drivers
Fundy Chapter

Ontario and Nunavut
Ottawa Chapter
Windsor Chapter
Simcoe Region Chapter

Québec
Saguenay-Lac St-Jean Chapter
Outaouais Chapter
Estrie Chapter

Western Canada
Calgary Chapter
Fraser Valley Chapter
Greater Vancouver Chapter
The Cranbrook Fire Department and Kootenay Harley-Davidson Owners Group held a joint raffle for a motorcycle in Cranbrook, British Columbia, raising $28,037.61 for Muscular Dystrophy Canada.
Espanola Fire Fighters (Ontario) take a well-deserved break at a local Boot Drive.
Let’s make muscles move!

Christopher Smyley (centre) surrounded by firefighters during Le Défi Gratte-Ciel Montréal 2007. (photo by Mario Picard; Fire Fighter in Longueuil, Quebec).

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